GENEVA VIKINGS CROSS COUNTRY

IHSA Sectional hosted by Lake Park HS
Lake Park HS East Campus – Roselle, IL
Bus leaves at 9:15. Check in at 9:05

Competing teams: Geneva, DeKalb, DePaul College Prep, Glenbard West, Hampshire, Lake Park, Lane Tech, Payton, St. Charles East, St. Charles North, St. Ignatius, Rockford Guilford, Rockton Hononegah, Wheaton North, Wheaton Warrenville South, Whitney Young, and York.

Awards: Team: 1st place plaque
Individual: 1-10 medals

Advancing to State – Top 7 teams and Top 10 individuals not on an advancing team.

Spectators: Please park at Jubilee Church just West of the campus.

Boys' Varsity	Alternates
12:00 pm	
3 miles	
Cam Schmidt	Johnny Lando
Gabe Ochsenschlager	Noah Yung
Jacob Calvario	Evan Best
Grayson Ott	Jake Stanuch
Liam Dwyer	Christopher Tee
Griffin Poterek	Brogan Greif
Connor McInerney	Kurt Borter

Sectionals is here, and we are ready! Sectionals is a significant step up from the Regional meet and is ¼ of the best teams at state, and you have earned your spot. You all have worked hard and dedicated yourselves to perform your best at this meet. I am so proud all that you have accomplished and how far you all have come this season, and we still have another step to go. We know the course well, and we are wearing the renowned white jerseys. You are all mentally strong warriors, and ready to push yourself to the max, as you remember that **It's All In The STATE of Mind**.

For those not competing, it was great seeing you at different parts of the course urging your teammates onward. Let's keep that spirit and enthusiasm going for this meet as your teammates will need you more than ever. Your teammates are going to be competing hard, and you should be cheering equally as hard!

Run Happy! Run Confident! Run Proud! Run Fast! Run like VIKINGS! Leave nothing left out on the course!

Coach Raak

