## GENEVA VIKING TRACK AND FIELD

### BATAVIA MEET INFORMATION

COMPETING TEAMS: Girls: Batavia and Geneva

Boys: Batavia and Glenbard West

ADMISSION FEE - \$5 for adults \$3 for students

BUS INFO: Bus leaves at 7:20 Plan to arrive at 7:10!!!!

DIRECTIONS: Randall Rd. South to Main St. Turn Left on Main St. to the high

school

EVENT SCHEDULE: Girls go before Boys in every event

# Pole Vault to begin at 8:30 – and rest of Field Events Begin at 9:00

-Long Jump Cafeteria style: 3 jumps – Event closes at 11am

- -Triple Jump Cafeteria style: 3 jumps Event closes at 11am
- -High Jump: 1 co-ed flight
- -Shot Put: 3 Throws 2 rings: one for each gender. Best flight last
- -Pole Vault: girls/boys under 8' vault first

### Running Events Begin 9:00

- -4x800m relay
- -3200m run None but likely a little break
- -55m high hurdles
- -55m dash
- -800m run
- -4x200 relay
- -400m dash
- -1600m run
- -200m dash
- -4x400m relay

### OTHER MEET INFO:

This will be a full meet with all the events competed along with boys competing as well. This means there will be more time between events. Please continue to be vigilant with monitoring when you need to prepare and warmup/check in for your events.

Let's use this meet as a chance to put that hard work to use. This meet is a great chance to give a great effort and to try new techniques and strategies we've been working on so far this season. We now have one meet of experience to build from. Let's use that experience to take the next step and continue our progress. The spirit and enthusiasm were fantastic for the first meet of the year, and let's keep that rolling!

Track meets take several hours, so plan accordingly and bring snacks and drinks to keep properly fueled.