

## GENEVA VIKINGS CROSS COUNTRY

DuKane Conference Championships Lake Park HS East Campus – Roselle, IL – off of Medinah Rd Bus leaves at 7:15. Arrive to check in at 7:05



Spectators: Park in the Jubilee Church lot or the lots in front of the school. There will not be any parking available behind the school.

Competing teams: Geneva, Batavia, Glenbard North, Lake Park, St. Charles East, St. Charles North, Wheaton North, and Wheaton Warrenville South

Awards: Individual places 1-15 and Varsity team championship plaque.

Boys' Open	Boys' Varsity	Boys' F/S
9:30 am	10:30 am	11:30 am
3 miles	3 miles	3 miles
Alex Falco	Julian Hipp	Griffin Poterek
Brandon Schmidt??	Dominic Ross	Connor McInerney
lan DeGuzman	Noah Martin	Matt Bultmann
Tre McClose	Ernie Bebe	Kurt Borter
Thomas Owens	Drew Hosman	Gabe Ochsenschlager
Matt Salzman	Dominic Savarese	Noah Yung
Aidan Cook	Mack Biesk	Liam Dwyer
Matt Ortiz		Levi Tucker
John Moravek		Dylan Edling
		Jack Hagge
		Beckett Tucker
		James Pittan
Diamonds are formed under pressure		Jack Dempsey
		Jonah Lotz
		Will Lange
		Eli Bebe
		Max Evans
		Jasper Huynh
		Jake Stanuch
		Amari Woods
		Logan Vogt
		Aidan Mandel
		Nathan Mathias
Bold nomes Croup London		

Bold names – Group Leader Boys not competing – Luke Gaston, Kyle Heller

This is it! The conference meet, which we have been building up all season for. For some this will be their last race of the season, and for others, it will be the springboard for the championship phase of the season. Regardless, we need to be ready mentally and physically to do our best. We will need to work to match the same energy of Twilight, with smaller races.

Compete with passion, compete with heart, and compete with the same determination you have had all season long. This matters in the middle of the race when the going gets tough. Let's run like VIKINGS! Remember that you are not alone in this goal, and that you have teammates to work with towards a common goal. Remember that you are running for more than just yourself; you are running for GVXC! And of course, Run Happy! If you can do all this, it is bound to be a great meet for you and GVXC!

"To give anything less than your best is to sacrifice the gift." - Steve Prefontaine

Run Happy! - Coach Raak