Geneva High School 2024 Girls Cross Country Rock River Run Sterling Invitational Saturday, September 28, 2024

Attendance: 6:00am Bus: 6:15am

*Location: Hoover Park

3807 Woodlawn Road, Sterling, IL 61081

*Race Schedule: Varsity Girls: 9:00am Box 22 Varsity Boys: 9:30am

F/S Girls: 10:00am F/S Boys: 10:30am Awards to Follow

Varsity Girls

		3.1 Overall
Borter	Sofia	19:33.4
Bradley	Mia	DNF
Chrusciel	Lucy	22:18.3
Cielo	Alana	23:51.6
Drexler	Gretchen	21:20.0
Keller	Anna	25:35.6
Lechtenberg	Lucina	22:03.7
Peahl	Taylor	20:02.5
Reid	Emma	24:59.9

2nd out of 19 teams: 112 points

F/S Girls

		3.1 Overall
Guess	Alexis	21:00.8
Hocevar	Elise	22:37.3
Kelly	Emmy	DNF
Kobbeman	Harper	24:26.8
Meyers	Mira	21:09.7
Pohlman	Olivia	22:47.5
Reynolds	Talía	25:21.6
Rosebrook	Audrey	28:55.6
Storaasli	Nora	22:37.1
Warnke	Maddie	32:18.6
Whiston	Juliet	22:19.6

1st out of 7 teams: 38 points



Teams Competing:

Argo, Belvidere, Belvidere North, Dixon, Durand/Pecatonica, Eastland, Freeport, Geneseo, Geneva, Harlem, Hindsdale South, Kaneland, LaSalle-Peru, Moline, Newman, Ottawa, Princeton, Rochelle, Rock Falls, Rock Island, Rockford Auburn, Sandwich, Sterling, Sycamore, Yorkville

Team Awards: 1st place plaque (Varsity and F/S)

Individual Awards:

Varsity: 1st_15th medals

F/S: 1st_15th medals

Notes:

No watches during the race this week

Focus on how many people you pass in the last mile

No excuses – control everything you can control, follow your checklist!

Act as if.

The point of competition is to raise each other up.

Let go of the outcome because you cannot control it. The process is the reward.

-Jerry Lynch

What is rewarding/makes you feel good about racing (regardless of your time)?