

Geneva High School  
 2024 Girls Cross Country  
 Rock River Run Sterling Invitational  
 Saturday, September 28, 2024  
 Attendance: 6:00am      Bus: 6:15am  
 \*Location: Hoover Park  
 3807 Woodlawn Road, Sterling, IL 61081



\*Race Schedule:  
 Box 22      Varsity Girls: 9:00am  
                  Varsity Boys: 9:30am  
                  F/S Girls: 10:00am  
                  F/S Boys: 10:30am  
                  Awards to Follow

Varsity Girls

		Mile 1	Mile 2	Mile 3	Overall
Borter	Sofia				
Bradley	Mia				
Chrusciel	Lucy				
Cielo	Alana				
Drexler	Gretchen				
Hanson	Hayden				
Hoffman	Ella				
Keller	Anna				
Lechtenberg	Lucina				
Marrero Perez	Alina				
Peahl	Taylor				
Reid	Emma				
Rudigier	Rachael				

F/S Girls

		Mile 1	Mile 2	Mile 3	Overall
Guess	Alexis				
Hocevar	Elise				
Kelly	Emmy				
Kobbeman	Harper				
Meyers	Mira				
Pohlman	Olivia				
Reynolds	Talia				
Rios	Emmi				
Rosebrook	Audrey				
Storaasli	Nora				
Warnke	Maddie				
Whiston	Juliet				

Super Fans: Bellino, Rogus, Petrucci

Teams Competing: Argo, Belvidere, Belvidere North, Dixon, Durand/Pecatonica, Eastland, Freeport, Geneseo, Geneva, Harlem, Hindsdale South, Kaneland, LaSalle-Peru, Moline, Newman, Ottawa, Princeton, Rochelle, Rock Falls, Rock Island, Rockford Auburn, Sandwich, Sterling, Sycamore, Yorkville

Team Awards: 1<sup>st</sup> place plaque (Varsity and F/S)

Individual Awards:

Varsity: 1<sup>st</sup>-15<sup>th</sup> medals

F/S: 1<sup>st</sup>-15<sup>th</sup> medals

Notes:

No watches during the race this week

Focus on how many people you pass in the last mile

No excuses – control everything you can control, follow your checklist!

*Act as if.*

*The point of competition is  
to raise each other up.*

*Let go of the outcome  
because you cannot  
control it. The process is  
the reward.*

*-Jerry Lynch*

What is rewarding/makes you feel good about racing (regardless of your time)?