

GENEVA VIKINGS TRACK AND FIELD

Co-Ed Dual with St. Charles East

COMPETING TEAMS: Geneva vs. St. Charles East

DIRECTIONS: Take Anderson north to Rte. 64. Turn Right on 64. Turn Left on Dunham Rd. 1040 Dunham Rd.

EVENT SCHEDULE:

One bus leaves at 3:00. The other leaves at 3:30

4:30(ish) Field Events Begin

- Co-Ed LJ followed by TJ
- Girls PV first
- Co-Ed HJ

4:30(ish) Running Events Begin

Running Events will always be in this order, so memorize it!!!

- 4x800m relay
- 4x100m relay
- 3200m run
- 100m hurdles
- 100m dash
- 800m run
- 4x200m relay
- 400m dash
- 300m hurdles
- 1600m run
- 200m dash
- 4x400m relay

Dual meets tend to go quickly, so be prepared for a tight turn around with running events. Also be prepared for an afternoon meet after a day of school.

This meet gives us another chance to continue to build and challenge ourselves with our events. This past weekend gave us a taste as to what a multi-team invitational is like and what we need to improve upon. Let's reset and refocus for this meet tomorrow as we gear up for another invitational on this weekend. Keep that fire burning brightly!