

# **GENEVA VIKINGS CROSS COUNTRY**

***IHSA Sectional hosted by Lake Park HS – Saturday, October 28<sup>th</sup>***

***Lake Park HS East Campus – Roselle, IL***

***Bus leaves at 11:00. Check in at 10:50***

*Competing teams: Geneva, Batavia, Chicago Mather, DeKalb, Glenbard West, Hampshire, Harlem, Huntley, Lane Tech, Maine South, Oak Park River Forest, South Elgin, St. Charles East, St. Charles North, Rockton Hononegah, Rockford Guilford, Wheaton North, Wheaton Warrenville South, and York.*

*Awards: Team: 1<sup>st</sup> place plaque*

*Individual: 1-10 medals*

*Advancing to State – Top 7 teams and Top 10 individuals not on an advancing team.*

*Spectators: Please park at Jubilee Church just West of the campus.*

Boys' Varsity	Alternates
2:00 pm	
3 miles	
Julian Hipp	Dominic Savarese
Luke Gaston	Ernie Bebe
Dominic Ross	Mack Biesk
Cam Lotspeich	
Noah Martin	
Wyatt Gross	
Drew Hosman	

Sectionals is here, and we are ready! Sectionals is a significant step up from the Regional meet and is ¼ of the best teams at state, and you have earned your spot. You all have worked hard and dedicated yourselves to perform your best at this meet. I am so proud all that you have accomplished and how far you all have come this season, and we still have another step to go. We know the course well, and we are wearing the renowned white jerseys. You are all mentally strong warriors, and ready to push yourself to the max, as you remember that **It's All In The STATE of Mind.**

For those not competing, it was great seeing you at different parts of the course urging your teammates onward. Let's keep that spirit and enthusiasm going for this meet as your teammates will need you more than ever. Your teammates are going to be competing hard, and you should be cheering equally as hard!

Run Happy! Run Confident! Run Proud! Run Fast! Run like VIKINGS! Leave nothing left out on the course!

Coach Raak

