

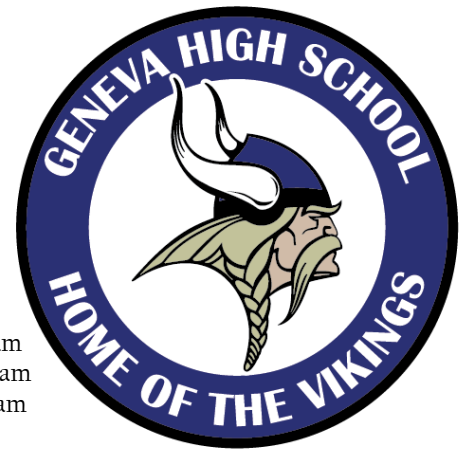
Geneva High School
 2023 Girls Cross Country
 DuKane Conference CC Championships
 Saturday, October 14, 2023

Attendance: 7:15am Bus: 7:30am

*Location: Lake Park High School
 600 S. Medinah Road, Roselle

*Race Schedule: Varsity Boys (7 runners): 9:00am
 Box 5 Open Boys (unlimited): 10:00am
 F/S Boys (unlimited): 11:00am

Varsity Girls (7 runners): 9:30am
 Open Girls (unlimited): 10:30am
 F/S Girls (unlimited): 11:30am



Open Girls: 4th of 7 teams, 135 points

	Mile 1	Mile 2	Mile 3	Overall
Bolender, Agnes	7:23	8:23	7:45	23:32.3
Bradley, Mia	7:31	8:19	7:47	23:37.7
Chadwell, Anna	8:28	9:15	8:33	26:17.9
Cielo, Alana	7:51	8:30	8:06	24:28.0
Cilio, Caitlyn	8:47	10:09	9:20	28:16.9
Keller, Anna	7:36	8:21	7:53	23:51.2
Rudigier, Rachael	6:46	7:29	7:10	21:27.7
Stanuch, Corinne	7:42	8:45	7:49	24:18.5

Varsity Girls: 6th of 8 teams, 139 points

	Mile 1	Mile 2	Mile 3	Overall
Borter, Sofia	5:58	6:19	5:52	18:10.8
Lechtenberg, Lucina	6:20	7:10	6:46	20:17.2
Meyers, Mira	6:29	7:22	6:57	20:49.3
Peahl, Taylor	6:23	7:06	6:55	20:25.4
Storaasli, Lila	7:04	7:41	7:04	21:50.2
Verdecchia, Lauren	6:47	7:35	7:11	21:34.8
Whiston, Juliet	6:37	7:29	7:04	21:11.9

F/S Girls: 4th of 7 teams, 114 points

F/S (unlimited)	Mile 1	Mile 2	Mile 3	Overall
Bellino, Emelia	7:13	7:57	7:24	22:36.5
Chrusciel, Lucy	7:46	8:41	8:19	24:47.4
Drexler, Gretchen	6:55	7:31	7:13	21:40.9
Hocevar, Elise	7:57	8:18	7:37	23:53.3
Hoffman, Ella	8:01	9:13	8:38	25:53.7
Petrucci, Mia	7:23	8:13	7:40	23:17.7
Pohlman, Olivia	7:51	8:40	8:05	24:37.3
Reid, Emma	8:18	9:01	8:32	25:52.6
Reynolds, Talía	7:42	8:13	7:57	23:53.5
Rios, Emmi	7:47	8:35	8:06	24:28.4
Rogus, Nina	8:41	10:04	10:06	28:53.0
Rosebrook, Audrey	8:47	9:50	9:33	28:10.4
Ulijasz, Raina	6:56	7:18	6:49	21:05.1

Majestic and Awe-Inspiring Team Executive: Coronado

Let's just say it and be done with it.

Racing hurts.

But here's another truth: having put in the effort to prepare for a race and then not giving it your all hurts even more. The first kind of hurt goes away in hours or a day. The second kind of hurt can last a lifetime.

~Lawrence Shapiro

Teams Competing: Batavia, Geneva, Glenbard North, Lake Park, Saint Charles East, Saint Charles North, Wheaton North, Wheaton Warrenville South

Team Awards: Plaques for first place

Individual Awards: 1-15 medal at the Varsity level
1-15 ribbon at the F/S and Open levels

Important Dates for the Post-Season!!!!

Monday, October 16, ASAP after school:

Mandatory practice for everyone. We will hand out PR buttons from Conference and athletes not in the post season varsity squad will turn in warm-up jackets, backpacks, clean out lockers, turn in locks, etc. Plan on needing to find a ride home.

Post season varsity squad will have practice.

Saturday, October 21, Bus TBD (probably 8:15am or so):

Regionals at Settler's Hill! **ALL athletes are expected to attend to support their varsity squad.**

Girls' varsity race is at 10am, boys' race to follow.

The first 6 placing teams advance to the Sectional meet. / The first 5 individuals not on a qualifying team also advance. / Top 8 finishers automatically advance.

Saturday, October 28, Bus TBD (probably 10:45am or so):

Sectionals at Lake Park! **ALL athletes are expected to attend.**

Girls' race is at 1pm. Boys' race is at 2pm.

The first 7 placing teams advance to the State meet. / The first 10 individuals not on qualifying teams also advance.

Saturday, November 4:

STATE at Detweiller Park in Peoria! Attendance, race times, etc. TBA.

Monday, November 6, ASAP after school:

Mandatory equipment check-in for all post-season varsity athletes

End of Season Awards Dinner and Banquet: To Be Announced