

GVXC Girls' Cross Country Expectations

Athletics are a privilege, not a right. All rules are expected to be followed as you are a varsity representative of your high school, community, and family.

- * All athletes will follow the Geneva 304 Community Unit School District Code of Conduct and IHSA rules. This information can be found in registration information, student planners, and online.
- * All decisions regarding an athlete's participation at interscholastic meets will be made by the coaching staff. Decisions will be made based upon academics, participation in practice, what's best for the team, and what's best for the individual athlete.

Academics:

Athletes must be passing 5 or more classes in order to compete. Eligibility is checked weekly.

- * If an athlete is marked "failing" or "near failing" on the Eligibility Report she will be responsible for completing the Student-Teacher Conference Form.
- * When an athlete is first marked ineligible she will be required to attend a study hall Monday – Friday in J249 from 7am – 7:30am with Coach Morrison until she is no longer ineligible. If marked ineligible for a second time she will be required to attend study hall for the remainder of the Cross Country season.

Absences:

Daily practices are mandatory. Athletes are expected to be on time, prepared, and present at every practice including those when there is no school.

- * Athletes who miss a practice or a portion of practice must make up the time that she missed before she is eligible to compete in a meet. The absence must be made up on the day you return to practice and cannot be made up the day before or the day of a meet. Athletes must be in attendance on pre-meet days in order to be eligible to compete on Saturday. Lastly, if an athlete misses more than one practice in a week, she may not be eligible to compete on Saturday. This last part will be handled on a case by case basis.

Apparel:

- * Proper footwear and attire are required in order to participate in practices and competitions. (This means no "sports-bra only running")
- * Each athlete will be issued shorts, singlets, warm-ups, and a backpack. Uniforms are yours to keep. Warm-ups and backpacks are the property of Geneva High School and must be returned at the end of the season. Lost, stolen, discolored, or damaged property will become the financial responsibility of the athlete.

- * Any questions or concerns can be directed to Coach Morrison at (630) 463-3099, ext. 3940.