

IHSA GIRLS TRACK & FIELD 3A SECTIONAL

HOSTED BY METEA VALLEY HIGH SCHOOL

Thursday, May 11th, 2023

Athlete & Spectator Information

Date: Thursday, May 11, 2023

Address: Mustang Stadium at Metea Valley High School, 1801 N. Eola Road, Aurora 60502

Start Times: Field Events: 4:15 pm, Running Events: 6:00 pm

Participating Teams:

Aurora (Metea Valley)	Elgin (HS)	South Elgin
Aurora (East Aurora)	Elgin (Larkin)	St. Charles (East)
Aurora (Waubonsie Valley)	Geneva	St. Charles (North)
Aurora (West Aurora)	Naperville (Central)	West Chicago (HS)
Batavia	Naperville (North)	Wheaton Warrenville South
Dekalb		

[Live Results Link](#)

Parking:

All spectators can park in the student lots between the high school and the tennis courts or the parking lot between Eola Road and the tennis courts. Buses can drop off outside the stadium and park along the road between the tennis courts and the stadium. This road will be blocked off from spectators. **Our facility will be at full capacity. Please follow signage and park in "Sectional Parking Only" lots. We highly recommend carpooling and giving yourself plenty of time to park (See "Event Parking" on facility map below).**

Tickets:

We encourage that tickets be purchased on the "Go Fan" website/app. Click the direct link to purchase tickets: [Go Fan App Ticket Link](#) Tickets can be purchased at the door for \$8 cash.

*****Please stay away from the finishing line area. Only athletes and coaches are allowed on the infield. All athletes will need to clear the infield for the 4x400m Relay. Only coaches can remain on the infield at that time* ****

Qualifiers: The top two in each event & those who meet the [2023 IHSA 3A qualifying standards](#)

Scoring & Awards: Six places will be scored in individual events and relays. (10-8-6-4-2-1). Awards: The Team Champion wins a plaque; Top 6 in each event earn medals

Athletic Trainer & Water: An athletic trainer will be on-site. Water will be provided at the finish line, but we ask that athletes bring their own water bottles to fill up. Our Athletic Trainer will have a portable **AED system** on site.

Concession Stand: Located near the stadium main gates.

Restrooms: Will be available on the South side of the concession stand. Locker rooms will not be available. All athletes should not enter the school building unless there is inclement weather.

T-Shirts: T-shirt sales will be available on site, with an option for customization.

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Athlete Check-in: Field Events: at the event site. Athletes must check-in 15 minutes prior to the start of their event. Running Events: get hip number from the tent in the infield in the center of the field. Athletes should check in with the clerk at the starting line of their event, at the benches.

Team Camps: Team camps will be outside, in the visitors (East side) stands. Tents will not be allowed in the stadium. All tents should be set up outside of the fence by the visitor stands.

Inclement Weather: In the event of inclement weather, athletes and coaches enter through Door 25 in the Aquatics Center and Athletics hallway. Spectators should enter through Door 19, the Athletics Entrance, and into the Commons.

Order of Events / Proposed Time Schedule

Field Events - 4:15 pm

- 4:15 Long Jump - (Best flight jumps **last**) - 3 Jumps, Top 9 to Finals, 3 Jumps. 15 minute warm-up between flights.
Triple Jump - (Upon the start of LJ finals, best flight jumps **last**) - 3 Jumps, Top 9 to Finals, 3 Jumps. 15 minute warm-up between flights.
- 4:15 High Jump - 1 Flight - Starting Height determined at seed meeting
- 4:15 Pole Vault - 2 Flights (Best flight jumps **first**) - Starting Height determined at seed meeting
- 4:15 Discus - (Best flight throws **last**) - 3 Throws, Top 9 to Finals, 3 Throws. 20 minute warm-up between flights. Athletes can warm-up using the 2nd ring.
Shot Put - (Upon the start of Discus finals) Best flight throws **last** - 3 Throws, Top 9 to Finals, 3 Throws. 15 minute warm-up between flights.
- 5:55 National Anthem

Running Finals - 6:00 pm

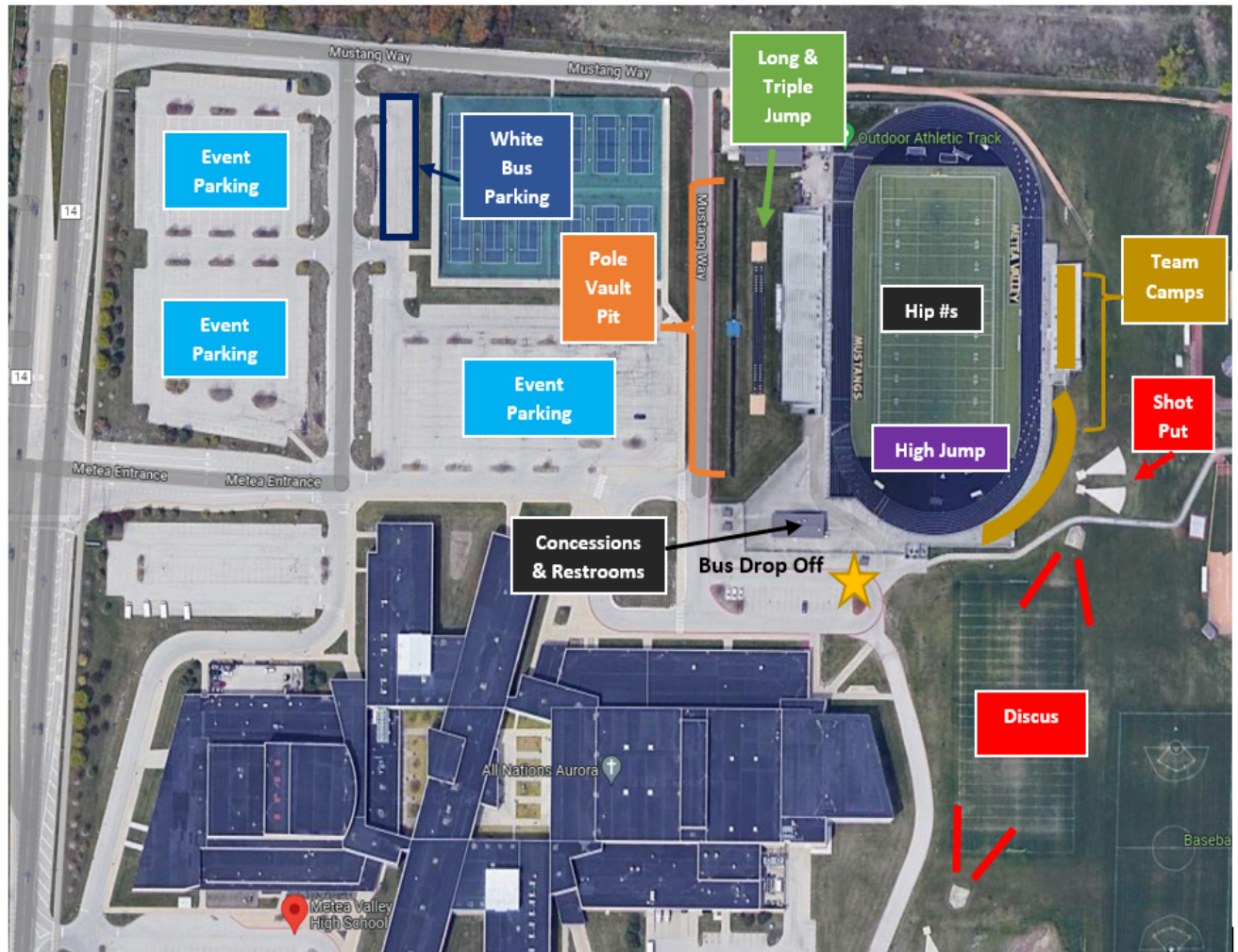
Time	Event	# of Heats
6:00	4x800m Relay	1 section against time
6:15	4x100m Relay	2 sections against time
6:25	3200m Run	2 sections against time
6:55	100m High Hurdles	4 sections against time
7:10	100m Dash	4 sections against time
7:25	800m Run	3 sections against time
7:40	4x200m Relay	2 sections against time
7:55	400m Dash	4 sections against time
8:20	300m Low Hurdles	4 sections against time
8:35	1600m Run	2 sections against time
8:55	200m Dash	4 sections against time
9:15	4x400m Relay	2 sections against time

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MVHS T&F Facilities Map



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MVHS T&F Meet - Team Drop-Off, Implement Weigh-In, Packet Pick-Up



School Bus Parking is highlighted in yellow. Buses will follow the route shown by the red arrows and park along Mustang Way. The area in yellow will be blocked off from all other traffic.

