GENEVA VIKING TRACK AND FIELD

Dual with Batavia Be out at the track by 3:15

COMPETING TEAMS: Geneva vs. Batavia

DIRECTIONS: HERE!!!

EVENT SCHEDULE:

4:30 Field Events Begin4:30 Running Events Begin

Running Events will always be in this order, so memorize it!!!

- -4x800m relay
- -4x100m relay
- -3200m run
- -100m hurdles
- -100m dash
- -800m run
- -4x200m relay
- -400m dash
- -300m hurdles
- -1600m run
- -200m dash
- -4x400m relay

This is our final weekday meet of the year where everyone gets a chance to compete. Let's all take advantage of this opportunity to compete sharpen up for the final meets of the season. As if we need any more motivation to compete hard, it's also a dual against Batavia, so we should be extra motivated to compete against them!

Trust in your training and that your body knows what to do because of all the practice it's had these past days, weeks, and months. You all have done a great job this year supporting and cheering on your teammates. Let's keep that up these next few meets as well.