Geneva High School 2022 Girls Cross Country Royal/Cadet Invitational Saturday, September 11, 2022 Attendance: 7:20am Bus: 7:30am \*Location: Marmion Academy 1000 Butterfield Road, Aurora

\*Race Schedule:

Girls Varsity:9:00amVarsity Boys:9:30amF/S Girls:10:00amF/S Boys:10:30am

## Varsity Girls

	Mile 1	Mile 2	Mile 3	Overall
Bolender, Agnes!				
Borter, Sofia				
Mertes, Mckenna				
Peahl, Taylor				
Stanuch, Corinne!				
Lila Storaasli				
Verdecchia, Lauren				
Waldchen, Elise				

F/S Girls

	Mile 1	Mile 2	Mile 3	Overall
Anderson, Abby!				
Bradley, Mia				
Cielo, Alana				
Cunningham, Kayla				
Drexler, Gretchen				
Gaytan, Evelyn!				
Glasgow, Mia				
Hoffman, Ella				
Lechtenberg, Lucina				
Reid, Emma				
Rudigier, Rachael!				
Silha, Zoey				
Stinger, Madison				



Teams Competing: Conant, Geneva, Glenbard East, Hoffman Estates, IMSA, Oak Park River Forest, Rosary

Team Awards (Varsity, F/S): 1<sup>st</sup>, and 2<sup>nd</sup> Place Plaques Individual Awards: 1-10 medals (Varsity), 11-15 ribbons (F/S)

<u>Warm-ups</u> Walk the first mile. Run the second mile. Know the course! Know the finish! Be at the line 15 minutes before the start of your race.

The biggest mistake an athlete can make is to be afraid of making one.

-L. Ron Hubbard, author