

Dear Runners and Families,

Welcome to the 2022 Girls Cross Country season at Geneva High School. I am very excited about the upcoming season, and I am looking forward to working with the girls again in a slightly different role. This will be my 11th year as a head coach, but my first year as head coach at GHS (the first ten being at Bartlett HS), and my fourth in the GVXC program. We are welcoming back Coach Palmquist and Coach Kaufman, both of whom have invaluable coaching, training, and racing experience.

Last year the Varsity squad earned a seventh-place finish in the DuKane Conference meet. Mckenna Mertes earned an individual bid for the Sectionals meet. All of the girls have been working hard throughout the summer in order to make this a competitive team, with our sights set on qualifying for the State meet. I look forward to what this season will bring and Coach Palmquist, Coach Kaufman, and I are excited to guide this team towards reaching its fullest potential.

Cross Country is a demanding sport. You can support your daughter by coming to the meets and cheering for her and her teammates. It is equally important to encourage your daughter's dedication to the team, its practices, and its competitions. Such dedication and hard work precede improvement.

Please check <https://il.8to18.com/geneva/schedules/cross-country/g/v> for an up-to-date meet schedule. <http://gvxc.net/> will also have the schedule soon, and results will be posted there, also. If you have any questions or concerns, please feel free to contact me at (630) 463-3099, ext. 3940 or emorrison@geneva304.org. I look forward to getting to know all of you.

Sincerely,

Beth Morrison
Geneva High School
Girls' Cross Country Coach