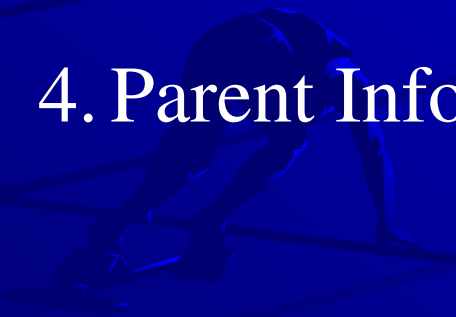


Parent Meeting Talking Points

1. Mission Statement
2. Schedule
3. Parent/Coach/Athlete
4. Parent Information and website





SCHEDULE

1. See handout
2. Attendance for the entire meet is imperative
3. Some meets – everyone competes
Other meets – limited to 2 per event
4. All athletes, competing or not, must attend the Geneva VanDeveer Invitational.
5. Along with meets we practice every day M-F. No official practice during Spring Break.

MEETS

1. Meets

- Athlete needs to warm-up and cool-down
- Field of play
- Entire meet
- Long days/evenings – plan ahead for food and homework.

2. Volunteer to help with home meets

- Tuesday 4/5 – Girls only Dual vs WWS
- Saturday 4/16 – VanDeveer Invitational – SR Recognition
- Tuesday 4/19 – CoEd Dual vs STCE

12 Hour Relay

1. Not this year, but usually a fundraiser and team building event we have done in the past. We will see about bringing it back in the future.



Social Media

1. Subscribe to website GVXC.net to get meet information emailed to you. <http://gvxc.net/>

- Email updates
- Pictures
- Statistics
- Calendar

2. Twitter @ghs_girls_track

Parent/Coach/Athlete – We are all in this together.

As a high school coach, it is important to me that I have not only the trust of the athletes, but of the parents as well. This is something I don't take lightly, as I know your children are the most important thing to you.

It is important to trust and respect that my coaches and I are going to use our experience and knowledge to make the best decisions for the team and your daughter. While your daughter may not always agree with a particular decision, it is still important that the decision is respected.

If any questions or concerns arise, please encourage your daughter to talk with me or the event coach first, and that will often help explain things.

PARENTS

1. Pasta parties – Sign up Genius
2. Parent volunteer to help at our home meets – Sign up Genius
 - Low key weekday meets
 - Weekend Invitational
3. Be a cheerleader
4. Communicate

PASTA PARTIES

1. If you would like to host a pasta party.
2. Usually before weekend meets
3. Co-host with the boys at HS Cafeteria with boys before VanDeveer Invitational

