## GENEVA VIKINGS CROSS COUNTRY

St. Charles North North Star Invitational – Saturday, Oct 2<sup>nd</sup>
LeRoy Oakes, St. Charles, IL off of Dean St.
Bus leaves at 7:15 am – Plan to arrive at 7:00

Teams Competing: Geneva, Addison Trail, Bartlett, Batavia, Belvidere North, Bolingbrook (girls), Cary Grove, Downers Grove North (girls), Elgin (girls), Glenbard North (boys), Hersey (girls), Highland Park, Huntley, Jacobs, Jones College Prep, Lincolnway Central (girls), Lyons, Marmion (boys), Metea Valley, Naperville Central (boys), Prairie Ridge (boys), Sandburg (boys), South Elgin, St. Charles East (boys), St. Charles North, Streamwood, Waubonsie Valley (boys), West Aurora, WWS (boys), and Winnebago (girls).

Team Awards: Varsity –  $1^{st}$ ,  $2^{nd}$ , and  $3^{rd}$  F/S –  $1^{st}$  and  $2^{nd}$  Open  $1^{st}$  only.

Individual Awards: Varsity  $1^{st}$  –  $25^{th}$  Medals F/S and Open  $1^{st}$  –  $10^{th}$  medals  $11^{th}$  –  $25^{th}$  ribbons.

Boys' Varsity	Girls' F/S	Boys' F/S	Girls' Open	Boys' Open
9:30 am	10:00 am	10:30 am	11:00 am	11:30 am
3 miles	3 miles	3 miles	3 miles	3 miles
Nathan Lehman	Corinne Stanuch	Dominic Ross	Elise Waldchen	Luke Cerwin
Anthony Ross	Mia Glasgow	Jackson Avery	Andrea Ramirez	John D'Andrea
Andrew Warcup	Alana Cielo	Brady Stoermer	Grace Caskey	Owen Kroeyr
Jack Kuehl	Zoey Silha	Dominic Savarese	Yamilet Hernandez	Noah Fay
David Roeder	Kady Ketzel	Wyatt Gross	Alondra Mathena	Matt Ratliff
Evan Kirby	Evelyn Gaytan	lan Sofiak	Isabelle Pietrucha	Marcio Parente
Adam Drexler		Luke Gaston		Ben DeMarco
		Ben Lutzow	V 3/	
		Cam Lotspeich	100	
	Boys' F/S	Gabe Hubbartt	25/10	
	10:30 am	Matt Ortiz		
	3 miles	Ben Fugman		
	Thor Eysturlid	Dontre McClose	155-6	
	Charlie Faith	Ryan Kelly		
	Aidan Cook	Andrew Hosman		
	Josh Avery	Dan Davis		
(1)	Alex Falco	Owen Reid		
	Ben Wagner	Patrick Waldchen		
7) - 4		Nathan Beck		
	9:30 am 3 miles Nathan Lehman Anthony Ross Andrew Warcup Jack Kuehl David Roeder Evan Kirby	9:30 am 3 miles 3 miles 3 miles Corinne Stanuch Anthony Ross Andrew Warcup Jack Kuehl David Roeder Evan Kirby Adam Drexler  Boys' F/S 10:30 am 3 miles Thor Eysturlid Charlie Faith Aidan Cook Josh Avery Alex Falco	9:30 am 10:00 am 10:30 am 3 miles 3 miles 3 miles Dominic Ross Anthony Ross Mia Glasgow Jackson Avery Andrew Warcup Alana Cielo Brady Stoermer David Roeder Kady Ketzel Wyatt Gross Evan Kirby Evelyn Gaytan Ian Sofiak Luke Gaston Ben Lutzow Cam Lotspeich Boys' F/S Gabe Hubbartt 10:30 am Matt Ortiz 3 miles Ben Fugman Thor Eysturlid Dontre McClose Charlie Faith Ryan Kelly Aidan Cook Andrew Hosman Josh Avery Dan Davis Alex Falco Owen Reid Ben Wagner	9:30 am 10:00 am 10:30 am 11:00 am 3 miles 3 miles 3 miles 3 miles Nathan Lehman Corinne Stanuch Dominic Ross Elise Waldchen Anthony Ross Mia Glasgow Jackson Avery Andrea Ramirez Andrew Warcup Alana Cielo Brady Stoermer Grace Caskey Jack Kuehl Zoey Silha Dominic Savarese Yamilet Hernandez David Roeder Kady Ketzel Wyatt Gross Alondra Mathena Evan Kirby Evelyn Gaytan lan Sofiak Isabelle Pietrucha Adam Drexler Luke Gaston Ben Lutzow Cam Lotspeich Boys' F/S Gabe Hubbartt 10:30 am Matt Ortiz 3 miles Ben Fugman Thor Eysturlid Dontre McClose Charlie Faith Ryan Kelly Aidan Cook Andrew Hosman Josh Avery Dan Davis Alex Falco Owen Reid Ben Wagner Patrick Waldchen

Bold names - Group Leader

Girls not competing – Sarah Hahn, Sophie Coronado, Claire Jennings, Lila Storaasli Boys not competing – James Mosciano, Caleb Walton, Julian Hipp, Noah Martin, Sami Saliby, Robby Youngquist, and Quentin Yung

We've had another great week of training with a solid workout based on goal times that you personally set. So proud to see the kid take ownership of their training and get after it in the workout. You have all worked so hard physically and are mentally prepared for a great race. The early fall scenery will make for a great backdrop at LeRoy Oakes and there will be a lot of great teams to compete against. LeRoy is one of my favorite courses, and it will provide some terrain challenges that we're ready for.

You have all come a long way so far this season, and we still have some of the biggest races to go.

Run smart, run strong, run fast, and run happy!

- Coach Raak