

Cadet Relays Time Schedule

9:00 Stadium Opened

9:15 Scratch Meeting in the Press Box

9:55 National Anthem

10:00 Field Events

Pole Vault to completion, Opening height to be determined at scratch meeting

High Jump to completion, Opening height to be determined at scratch meeting

Long Jump-Sycamore and Geneva followed by South Elgin and Marmion, three jumps

Triple Jump-South Elgin and Marmion followed by Sycamore and Geneva, three jumps

Discus-Marmion and Geneva followed by Sycamore and South Elgin, three throws

Shot-Sycamore and South Elgin followed by Marmion and Geneva, three throws

11:00 Frosh/Soph 4 x 100

Varsity 4 x 100 Relay

General time schedule for remaining events. We will NOT start events ahead of the time schedule

11:10 Varsity 4 x 800 Relay

11:30 Varsity 330 Meter High Hurdle Relay (3 x 110 hurdlers, shuttle)

11:45 Varsity 4 x 200 Relay

12:00 Varsity Distance Medley (1200-400-800-1600)

12:30 Varsity 900 Meter Intermediate Hurdle Relay (3 x 300 hurdlers, three sections with total time added)

12:45 Varsity Medley Relay (400-200-200-800)

1:00 Frosh/Soph Sprint Medley (200-100-100-400)

1:10 Weightmen's Shuttle Relay (Shuttle in front of Pressbox 3 x 100)

1:20 Varsity 4 x 400 Relay

1:30 Frosh/Soph 4 x 400 Relay