GENEVA VIKING TRACK AND FIELD

BATAVIA MEET INFORMATION

COMPETING TEAMS: Batavia, Glenbard East, Glenbard South, Hoffman Estates, Lake Park, Metea Valley, Oswego East, and Geneva ADMISSION FEE - \$5 for adults \$3 for students

BUS INFO: Bus leaves at 7:30 SO BE THERE EARLIER!!!

DIRECTIONS: Randall Rd. South to Main St. Turn Left on Main St. to the high school

EVENT SCHEDULE:

Field Events Begin at 9:00

- -Long Jump: There will be 2 flights. Best flight will go first. Top 9 to finals after TJ finals.
- -Triple Jump: There will be 2 flights. Best flight will go last. Top 9 to finals.
- -High Jump: There will be 2 flights. Best flight goes first.
- -Shot Put: There will be 4 flights. The best flight will go last. Top 9 to finals.
- -Pole Vault: There will be 2 flights. The best flight will vault first.

Running Events Begin at 9:30

- -4x800m relay
- -3200m run
- -55m hurdles
- -55m dash
- -800m run
- -4x200 relay
- -400m dash
- -1600m run
- -200m dash
- -4x400m relay

OTHER MEET INFO:

Make sure to put your 1/8th in spikes back in for this meet!

At this point, we are many weeks into the season, and things have progressed very well. We should have a decent base of fitness, training, and experience from other practices and meets already this season. This is our first invitational, and we now need to start putting things together and compete at a high level. Batavia's facility along with the teams we are competing with should also provide an excellent opportunity for improvement and success. We have worked hard and trained well so far this season and been diligent with our training in practices and have showed some good support of teammates in previous meets. This is our first invitational and time for us to FLIP THE SWITCH!