

GENEVA VIKINGS CROSS COUNTRY
IHSA Sectional hosted by St. Charles East – Saturday, Nov 2nd
LeRoy Oakes, St. Charles, IL off of Dean St.
Bus leaves at 7:15. Plan to arrive earlier around 7:00.

Directions: Click [HERE](#) directions and click [HERE](#) course map. It will be the modified 2 loop course.

Competing teams: Geneva, Bartlett, Batavia, South Elgin, St. Charles East, St. Charles North, Naperville North, Oswego, Neuqua Valley, Naperville Central, Metea Valley(G), Waubonsie Valley (B), Oswego East, Huntley, Rockton Hononegah, Harlem, Rockford Auburn, DeKalb, Elgin (G), Rockford Guilford (B).

*Awards: Team: 1st place plaque for Boys' and Girls' Varsity
 Individual: 1-10 medals*

Advancing to State – Top 5 teams and Top 7 individuals not on an advancing team, or if the individual places in the top 10 overall.

Spectators: There will be shuttle buses from Christ Community Church (37W100 Bolcum Rd) and from the Kane County Circuit Clerk Office on Randall Rd. These will be your only parking options.

Girls' Varsity	Boys' Varsity	Alternates	
9:00 am	10:00 am		
3 miles	3 miles	Girls	Boys
Andrine Larsen	Ben Calusinski	Julianna Longo	Xander Thomson
Sarah Pratt	Nathan Lehman	Becca Spezzano	Brady Ahern
Lauren Hasty	Eric Palmquist	Tessa Balc	Tim Archibald
Lily Ryan	Isaiah Roeder	Abby McVey	Adam Coats
Mckenna Mertes	Valdis Slokenbergs	Yamilet Hernandez	Jack Kuehl
Kayla Stone	Colby Coronado	Grace Caskey	Anthony Ross
Elise Waldchen	Logan Keen	Andrea Ramirez	David Roeder
		Grace Foley	

Bold names – Group Leader

Sectionals is here, and we are ready! You all have worked hard and dedicated yourselves to perform your best at this meet. I am so proud all that you have accomplished and how far you all have come this season, and we still have another step to go. We know the course well, and we are wearing the renowned white jerseys. You are all mentally strong warriors, and ready to push yourself to the max, as you remember that **It's All In The STATE of Mind.**

For those not competing, you all did a FANTASTIC job cheering on and supporting your teammates at regionals. It was great to see you all over at different parts of the course urging your teammates onward. Let's keep that spirit and enthusiasm going for this meet as your teammates will need you more than ever. Your teammates are going to be competing hard, and you should be cheering equally as hard!

Dress properly for the weather on Saturday, and let's all remember that snow is the natural habitat for VIKINGS!

Run Happy!

Coach Raak