

GENEVA VIKINGS CROSS-COUNTRY

Meet Results
September 26, 2015

at Rock River Run Invitational **Woodlawn School, Sterling, IL**
Hosted by Sterling High School

Girls Varsity Results: Geneva - 8th out of 17 Teams with 196 Points

1st Belvidere North 50
2nd Hononegah 73
3rd Hampshire 124

Season Record: 96-23

Rating (+) 0:00 Won by: Jenna Lutzow from Belvidere North in 18:00.5
Race Length: 3.0 Number of Runners: 169

	Finish Place	1 Mile Time/Split	2 Mile Time	2 Mile Split	3 Mile Time	3 Mile Split	Finish Time	Rated Time	Avg Mile Pace	Spread (1-5)	Team Time (1-5)	Average (1-5)
1. Nowak, M	21	6:20	13:14	6:54	20:13	6:59	20:13	20:13	6:44	1:16	104:16	20:51
2. Zimny	37	6:24	13:32	7:08	20:41	7:09	20:41	20:41	6:53			
3. Dudman	40	6:22	13:34	7:12	20:46	7:12	20:46	20:46	6:55			
4. Belzer	49				21:07		21:07	21:07	7:02			
5. Allon	62	6:45	14:13	7:28	21:29	7:16	21:29	21:29	7:09			
6. Higgins	72	6:30	14:11	7:41	21:46	7:35	21:46	21:46	7:15			
7. Donohue	83	7:00	14:43	7:43	22:15	7:32	22:15	22:15	7:25			
8. Happold	91	7:00	15:02	8:02	22:42	7:40	22:42	22:42	7:34			
9. Laserna	96	7:10	15:04	7:54	22:52	7:48	22:52	22:52	7:37			
10. Koskiewicz	112	7:35	15:22	7:47	23:43	8:21	23:43	23:43	7:54			
11. McCormick	145	8:00	15:22	7:22	25:59	10:37	25:59	25:59	8:39			

Actual Points: 209

Adjusted Points: 196

Bold Times represent personal/season best

Girls Frosh/Soph Results: Geneva - 2nd out of 15 Teams with 66 Points

1st Freeport 17
2nd Geneva 66
3rd Hononegah 75

Season Record: 100-18

Rating (+) 0:00 Won by: Gabby Rodriguez from Freeport in 19:57.2
Race Length: 3.0 Number of Runners: 81

	Finish Place	1 Mile Time/Split	2 Mile Time	2 Mile Split	3 Mile Time	3 Mile Split	Finish Time	Rated Time	Avg Mile Pace	Spread (1-5)	Team Time (1-5)	Average (1-5)
1. Trout	8	6:30	13:53	7:23	21:06	7:13	21:06	21:06	7:02	1:16	108:36	21:43
2. Capatan	10	6:33	14:44	8:11	21:18	6:34	21:18	21:18	7:06			
3. Nowak, C	14	6:38	14:15	7:37	21:53	7:38	21:53	21:53	7:17			
4. Stolfe	15	6:50			21:57		21:57	21:57	7:19			
5. Cahill	19	7:15	15:02	7:47	22:22	7:20	22:22	22:22	7:27			
6. McIlrath	25	7:18	15:34	8:16	23:08	7:34	23:08	23:08	7:42			
7. Mackowski	45	7:45	16:30	8:45	25:15	8:45	25:15	25:15	8:25			
8. Ruane	57	7:55	16:22	8:27	26:42	10:20	26:42	26:42	8:54			
9. Kobleur	68	8:52	18:36	9:44	28:17	9:41	28:17	28:17	9:25			

Actual Points: 66

Adjusted Points 66

Bold Times represent personal/season best