

GENEVA VIKINGS CROSS COUNTRY

St. Charles North North Star Invitational – Saturday, Oct 1st

LeRoy Oakes, St. Charles, IL off Dean St.

Bus leaves at 7:15 am – Plan to arrive at 7:00

Teams Competing: Geneva, Addison Trail, Bartlett, Batavia, Belvidere North, Bolingbrook (girls), Cary Grove, Downers Grove North (girls), Elgin (girls), Glenbard North (boys), Hersey (girls), Highland Park, Huntley, Jacobs, Jones College Prep, Lincolnway Central (girls), Lyons, Marmion (boys), Metea Valley, Naperville Central (boys), Prairie Ridge (boys), Sandburg (boys), South Elgin, St. Charles East (boys), St. Charles North, Streamwood, Waubonsie Valley (boys), West Aurora, WWS (boys), and Winnebago (girls).

Team Awards: Varsity – 1st, 2nd, and 3^d

F/S – 1st and 2nd

Open 1st only.

Individual Awards: Varsity 1st – 25th Medals

F/S and Open 1st – 10th medals 11th – 25th ribbons.

Boys' F/S	Boys' F/S	Boys' Open
10:30 am	10:30 am	11:30 am
3 miles	3 miles	3 miles
Noah Martin	Gaspar Estrada-Bravo	Cam Lotspeich
Luke Gaston	Marco Van Rensburg	Jack Riviere
Ryan Kelly	Aidan Cook	Jackson Avery
Patrick Waldchen	Alex Falco	Wyatt Gross
Andrew Hosman	Brandon Schmidt	Nathan Beck
Matt Ortiz	Ryan Welsh	Quentin Yung
Dominic Savarese	Jackson Fuhrmann	
Mack Biesk	Brandon Beck	
Lucas Oldham	Jackson Prindiville	
Tre McClose	Josh Avery	
Chris Davis		

Bold names – Group Leader

Boys not competing – Andrew Warcup, Anthony Ross, Dominic Ross, Julian Hipp, David Roeder, Jack Kuehl, Evan Kirby, Owen Reid, Charlie Hatton, Noah Fay, James Mosciano, Caleb Walton, Dom Stolarik, Ben Lutzow.

We've had another great week of training with a solid Goggins workout that you made as hard as you wanted. So proud to see all of you take ownership of your training and get after it in the workout. You have all worked so hard physically and are mentally prepared for a great race. The early fall scenery will make for a great backdrop at LeRoy Oakes and there will be a lot of great teams to compete against. LeRoy is one of my favorite courses, and it will provide some terrain challenges that we're ready for.

You have all come a long way so far this season, and we still have some of the biggest races to go.

Run smart, run strong, run fast, and run happy!

- Coach Raak