

GENEVA VIKING TRACK AND FIELD

Co-Ed Dual with St. Charles East

COMPETING TEAMS: Geneva vs. St. Charles East

DIRECTIONS: Take Anderson north to Rte. 64. Turn Right on 64. Turn Left on Dunham Rd. 1040 Dunham Rd.

EVENT SCHEDULE:

Bus leaves at 3:00, be ready to leave as soon as possible after school.

4:15 Field Events Begin

4:30 Running Events Begin

Running Events will always be in this order, so memorize it!!!

-4x800m relay

-4x100m relay

-3200m run

-100m hurdles

-100m dash

-800m run

-4x200m relay

-400m dash

-300m hurdles

-1600m run

-200m dash

-4x400m relay

This meet gives us another chance to continue to build and challenge ourselves with our events. This past weekend gave us a taste as to what a multi-team invitational is like and also what we need to improve upon. Let's reset and refocus for this meet on Wednesday as we gear up for another invitational on Friday. Keep that fire burning brightly!

TRACK & FIELD

