



# 43rd Annual Girls Kane County Meet

## Hosted by Central High School

### Friday April 26th, 2019



**GENERAL:** Central High School is proud to host the 43rd annual girls Kane County Meet. Below you will find important information for the afternoon. We will use [Athletic.net](http://Athletic.net) for entries so please be sure to enter athletes prior to the deadline.

**LOCATION:** Central High School, 44W625 Plato Road. Burlington, IL 60109

**TIME:** The Central High School track will open at 3:00pm. Please do not arrive before 3pm, we need buses to clear from the school day before teams arrive and unload. Please see the map for team drop off and bus parking.

**MEET ORGANIZERS:** Athletic Director, Steve Diversey ([steve.diversey@central301.net](mailto:steve.diversey@central301.net)), Meet Director/Head Girls Coach, Vince Neil ([vince.neil@central301.net](mailto:vince.neil@central301.net)), Head Timer, Larry Hicks.

#### **IMPORTANT TIMES:**

- **Scratch & Weighin's:** 3:15-4:15 pm (shed behind stadium seating)
- **Coaches Meeting:** 4:00 pm @ the starting line
- **Field Events:** 4:30 pm
- **Running Events:** 5:30 pm

#### **ENTRIES:**

1. All entries must be completed online at [Athletic.net](http://Athletic.net)
2. **Deadline is April 25th @ 7:00pm.** Please enter athlete's best mark.
3. **Two individual entries** from each team will be allowed per event
4. **One relay** will be allowed
5. On the day of the meet, there will be **NO** meet day additions or changes -- unless a coach arrives with a signed note from their principal.

**WEIGH IN:** Pole vault and throws weigh in will be in the shed behind the main stadium seating. Weigh in time will be from 3:15-4:15 pm.

**SURFACE:** Our track is an 8 lane, 400 meter all-weather surface. All runway surfaces are made of the same material. The shot and discus pads are concrete.

**ADULT WORKERS:** Please send your preferred field event to [Vince.neil@central301.net](mailto:Vince.neil@central301.net) by noon on Wednesday April 24.

**COACHES MEETING:** The coaches meeting will take place at the start/finish line at 4:00pm.

**HOSPITALITY:** Coaches will have meal tickets inside their team packets.

**SCORING:** 10-8-6-5-4-3-2-1

**TEAMS:** Aurora Central Catholic, Aurora Christian, Batavia, Burlington Central, Dundee Crown, East Aurora, Elgin, Elgin (Larkin), Geneva, IMSA, Kaneland, Rosary, South Elgin, St. Charles East, St. Charles North, St. Edward, Streamwood, West Aurora

**TIMING:** Our timer is Larry Hicks from River City Race Management (<http://www.raceresultsplus.com/about-us>)

**EQUIPMENT:** We will provide starting blocks. NO personal blocks allowed. Teams are responsible for providing implements, batons, and vaulting poles

**ADMISSIONS:** \$5.00 adult, \$3.00 children, \$2.00 senior citizens. Admission will be through the main gate.

**CONCESSIONS:** CHS Booster Club will be selling concessions.

**TEAM CAMPS:** Will be directed along the parameter of the track. Team camps/tents will not be allowed inside the track or on the football field. Please see the map for camp/tent placement.

**ATHLETIC TRAINER:** Will be available on site

**RUNNING EVENT CHECK IN:** Athletes will check in on the north corner of the track near the 100 dash/100 hurdle starting line. Athletes will then be escorted down to their appropriate lane assignments.

**PARKING:** Please see the map attached for parking instructions.

**RAIN DATE:** If our meet gets canceled/postponed we will welcome back all schools on Saturday April 27. The time of the meet will change to a 9:15am start of the field events. We will reseed the meet based on returning teams. Also, should weather look poor Friday evening we will look to adjust the meet start times accordingly for all events.

**DICK POND'S SHOE MOBILE:** Dick Pond Athletics will be on site selling track and field equipment/gear.

**SPIRIT WEAR AVAILABLE:** Wakoh Wear will be on site printing spirit wear items. Below is this year girls Kane County logo.

**KANE COUNTY GIRLS TRACK & FIELD WEBSITE:** If you are interested in more information and general information regarding Kane County Girls Track & Field, please visit the Kane County Girls Track & Field website. Thank you Coach Allison for your efforts in putting this site together. (<https://sites.google.com/bps101.net/girls-kane-county/home>)



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**2019 Kane County Girls Track & Field Design**



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**FIELD EVENT INFO: Field Event start time 4:30 pm, 3 jumps or  
throws, top 9 to finals, then 3 additional marks**

- **Long Jump:** 3 Flights (Worst to Best) then directly to finals. Top 9 to finals
- **Triple Jump:** 3 Flights (Worst to Best) then directly to finals. Top 9 to finals
- **High Jump:** 1 Flight. Starting height will be determined by seeds
- **Discus** 3 Flights (Worst to Best) then directly to finals. Top 9 to finals
- **Shot Put:** 3 Flights (Worst to Best) 1st flight of shot will begin when the 3rd flight of discus begins. Top 9 to finals
- **Pole Vault:** 1 Flight. Starting height determined by seeds

**RUNNING EVENT INFO: Running event start time 5:30 pm, # of  
heats determined by entries**

- **4x800m Relay**
- **4x100m Relay**
- **3200m Run**
- **100m Hurdles**
- **100m Dash**
- **800m Run**
- **4x200m Relay**
- **400m Dash**
- **300 Hurdles**
- **1600m Run**
- **200m Dash**
- **4x400m Relay**

**WE WILL USE A ROLLING SCHEDULE.....ONE EVENT TO FOLLOW THE NEXT**



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## **Kane County Girls' Records**

<b>EVENT</b>	<b>MARK</b>	<b>SCHOOL/TEAM</b>	<b>YEAR</b>
800 Medley Relay	1:50.0	BATAVIA Good, Anderson, Tarter, Douglass	2006
4x800 Relay	9:20.13	ST. CHARLES EAST Scull, Adams, Shead, Williams	2013
4x100 Relay	48.96	BATAVIA DelMundo, Edmondson, Ortiz, Schlaman	2016
3200M Run	10:59.6	Denise Hefferin - ST. CHARLES HS	2000
100M Dash	12.10	Natalie Tarter - BATAVIA	2008
100M Hurdles	14.20	Shanice Andrews - WEST AURORA	2010
800M Run	2:15.58	Karina Liz - AURORA CENTRAL CATHOLIC	2013
4x200 Relay	1:44.12	BATAVIA DelMundo, Edmondson, Ortiz, Schlaman	2016
400M Dash	57.03	Dajour Miles - WEST AURORA	2017
300M Hurdles	44.53	Lynsey Ruck - DUNDEE-CROWN	2004
1600M Run	4:53.8	Tera Moody - ST. CHARLES EAST	1999
200M Dash	24.67	Dajour Miles - WEST AURORA	2017
4x400 Relay	3:59.89	ST. CHARLES EAST Honea, Williams, Chmelik, Shead	2013
High Jump	5' 6"	Gina Lambert - ST. CHARLES HS	1995
Pole Vault	12' 6"	Brittney Bernardoni - BATAVIA	2006
Long Jump	18' 2.75"	Monica McCullough - IMSA	1992
Triple Jump	38' 0.75"	Shanice Andrews - WEST AURORA	2010
Discus	142' 6.5"	Dore DeBartolo - ROSARY	1998
Shot	41' 10"	Maya Marion - WEST AURORA	2013



# **43rd Annual Girls Kane County Meet**

## **Upcoming Rotation**

### **HOST SCHOOLS (in progress):**

HOST	YEAR	
CENTRAL	2019	43rd
BATAVIA	2018	42nd
WEST AURORA	2017	41st
ST. CHARLES NORTH	2016	40th
ST. CHARLES EAST	2015	39th
KANELAND	2014	38th
GENEVA	2013	37th
ST. CHARLES NORTH	2012	36th
STREAMWOOD	2011	35th
BATAVIA	2010	34th

**FUTURE HOST ROTATIONS: (IN PROGRESS)** - *Please look over - we can adjust*

*(SCHOOLS NOT ABLE TO HOST, PLEASE ASK THE NEXT HOST SCHOOL IF THEY CAN HOST)*

2019 - BURLINGTON CENTRAL

2020 - DUNDEE-CROWN

2021 - EAST AURORA

2022 - ELGIN

2023 - LARKIN

2024 - GENEVA

2025 - KANELAND

2026 - SOUTH ELGIN

2027 - ST. CHARLES EAST

2028 - ST. CHARLES NORTH

2029 - STREAMWOOD

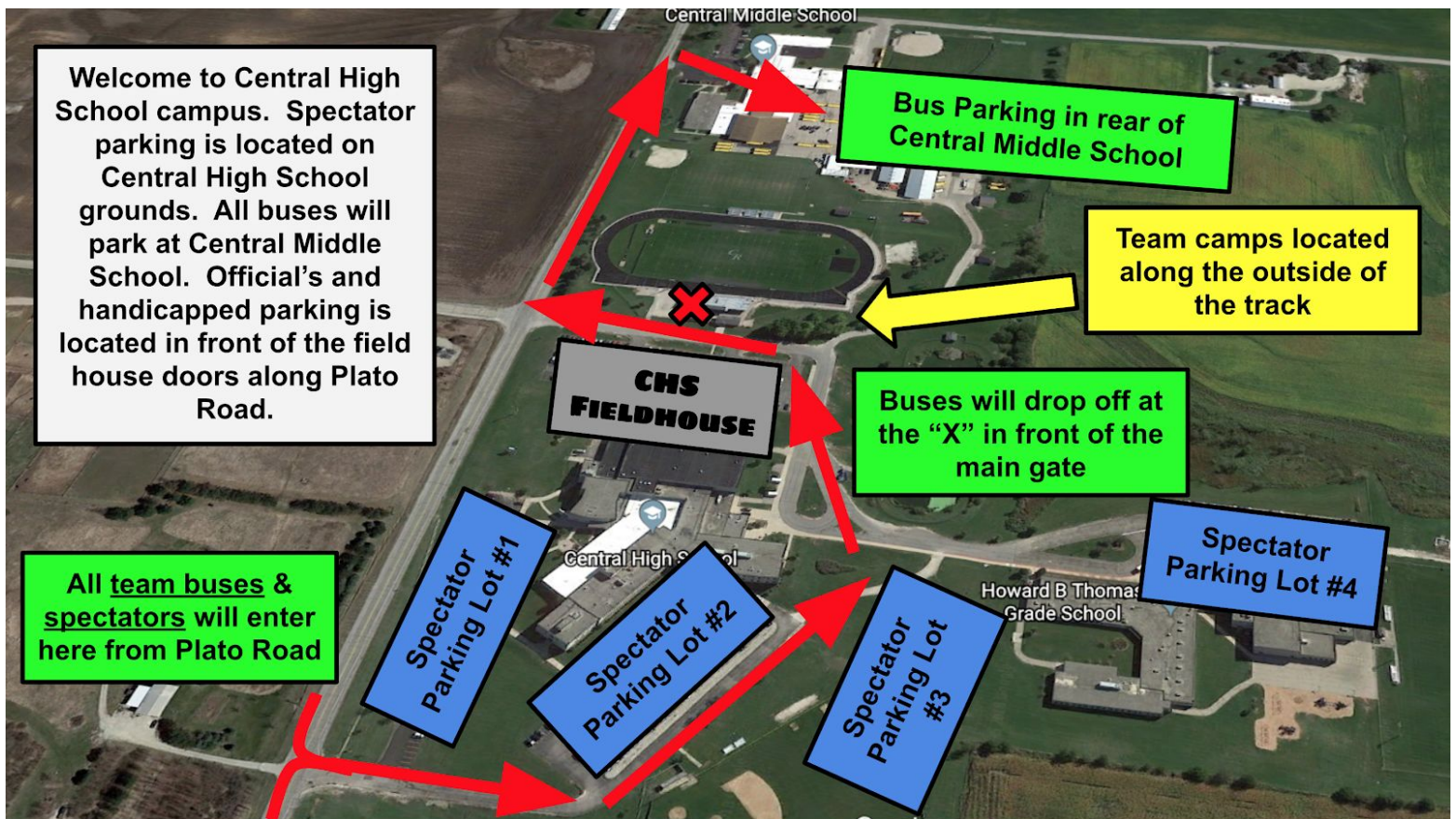
2030 - WEST AURORA

*\*IMSA, ROSARY, ST.EDWARDS, if you would like to host we can add you into the rotation\**



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## Parking Information



**PARKING INFORMATION:** All team buses and guests will enter from Plato road. Spectators may park in any of the 4 designated parking lots. If parking is no longer available in lots #1-4, spectators may park at Central Middle School. Parking is not permitted along Plato Road. Team buses will drop off athletes at the main gate of the stadium. Team camps can set up along the outer perimeter of the stadium. Team camps and/or tents are not allowed inside the stadium.

**SPECTATOR PARKING:** All spectator vehicles (*non buses*) will park in the spectator lots labeled above as lots 1-4.

**BUS PARKING:** Buses are asked to drop off athletes in front of the stadium, turn onto Plato Road and park in the rear lot of Central Middle School. Team buses are not allowed to park at any of the spectator lots labeled above.