## **GENEVA VIKINGS TRACK AND FIELD** Co-Ed Dual with St. Charles North COMPETING TEAMS: Geneva vs. St. Charles North **DIRECTIONS: Here!** EVENT SCHEDULE: Please arrive at the track and field by 3:15 4:30 Field Events Begin 4:30 Running Events Begin Running Events will always be in this order, so memorize it!!! -3200m relay -400m relay -3200m run -100m hurdles -100m dash -800m run -800m relay -400m dash -300m hurdles -1600m run -200m dash -1600m relay

Another day, another meet, but this is a home meet with some projected nice weather. Let's be ready to compete hard and make the most of it before this weekend's VanDeveer Invitational. These meets are great opportunities for us to use all we have been practicing and also to try different events. Your experience grows with each meet and will pay dividends for the end of big end of season meets.