

# GENEVA VIKING TRACK AND FIELD

Mustang Invitational @ Downers Grove South

**COMPETING TEAMS:** Geneva, Downers Grove South, Glenbard North, Glenbard West, Hinsdale Central, Lyons Twp, Naperville North, and Yorkville.

**BUS:** Bus leaves at 7:15am

**DIRECTIONS:** Take I88 East to I355 South. Take the 63<sup>rd</sup> St. Exit towards Hobson. Take 63<sup>rd</sup> St. East to Dunham Rd. Turn South on Dunham Rd. and then a Right on Norfolk St. The school is on Norfolk.

## EVENT SCHEDULE:

8:30am – Scratch Meeting

9:00am – Field Events

Var & F/S LJ, followed by Var & F/S TJ (Var – 3 jumps, 8 to finals.

F/S 4 jumps, no finals)

(jumps will be called in order)

Var HJ, followed by F/S HJ

Var PV, followed by F/S PV

Var Disc followed by F/S

F/S Shot followed by Var

9:00am – Open 1600m

9:20am – Open 100m

9:45am – Finals – F/S followed by varsity

4x800m Relay

4x100m Relay

3200m

100m Hurdles

100m

800m

4x200m Relay

400m

300m Hurdles

1600m

200m

4x400m Relay

We've had a great indoor season, and now we have an invitational to help jump start our outdoor season. This meet brings with it some great teams to compete against on both the Varsity and F/S level. Some of these programs consistently produce some of the best teams in the state, and they will provide us with excellent opportunities to show what we can do. Therefore, we will need to be ready to bring our "A" game. We need to be focused on the task at hand and use our experience gained from a quality indoor season. This meet will be a great test for us right off the bat to begin our outdoor season, and I know we're ready to show them what Geneva is made of! WE>ME