

**GENEVA VIKINGS TRACK AND FIELD**  
**2018 GIRLS IHSA STATE @ EASTERN ILLINOIS UNIVERSITY**

**COMPETING TEAMS:** Every team in state!

**TIME SCHEDULE:**

Sheets to be attached later.

**Thursday**

Leave GHS Thursday, May 17<sup>th</sup> at 8:30 am – After PLC  
Arrive at EIU approx. 12:30 pm  
Packet pickup and residency check-in  
Light workout on track 3:30 pm or as early as we can get on the track  
Dinner 6:00 pm

**Friday**

Breakfast at EIU dining hall 8:30 am  
See attached sheets for State Track Schedule. Please refer to IHSA.org  
for more details.  
Dinner 6:30 pm

**Saturday**

Breakfast at EIU dining hall 8:00 am  
Checkout of room  
See attached sheets for State Track Schedule. Please refer to IHSA.org  
for more details.  
Leave EIU approx 5:00 pm  
Arrive at GHS approx 9:00 pm

**DIRECTIONS:**

Take I-88 East to 355 S towards Joliet. Take 355 to I-80 East towards Indiana.  
Take exit 151A to I-57 South towards Memphis. Take exit 190A to IL-16  
towards Charleston.

**Alternate Route**

Take Rte. 47 South to Rte. 74. Take Rte. 74 East to Rte. 57. Take Rte. 57 South  
to Rte. 16. Take Rte. 16 East to Exit 190A in Charleston to University.

**WHAT TO BRING:**

1 track bag w/ warm-ups, jersey, spikes, and other track necessities  
1 clothes bag with workout clothes (3 days worth) and nice/casual  
clothes for dinner (2 days worth)  
Extra \$, pillow, snacks, anything else

**IMPORTANT REMINDERS:**

All athletes will receive some money for the meals for the weekend.

**MORE INFORMATION:**

EIU will supply bed linens, pillows, and towels, but bring your own blankets/sleeping bags.

**CONTACT INFORMATION:**

Coach Raak Cell – 847-471-0514  
Coach Olinger Cell – 630-251-3908  
Coach Thorgesen Cell – 630-947-2195  
Coach Serluco Cell – 630-433-8189

**Success is not the key to happiness.  
Happiness is the key to success. If you  
love what you are doing, you will be  
successful.**

Congratulations, you have made it to state, and making it to state is an amazing accomplishment in itself, but don't just stop there. Now that you have earned this trip to EIU, make the most of it. Take in all the state meet has to offer, but also know that you belong. Believe in yourself and what you are about to accomplish. Don't be satisfied with just qualifying for state, and don't limit your progress before the competition begins. Know that you can compete with the best athletes in the state, because you are some of the best athletes in the state.