

GENEVA VIKINGS TRACK AND FIELD

2018 GIRLS' IHSA SECTIONAL @ West Aurora

COMPETING TEAMS: Geneva, Bartlett, Batavia, Cary Grove, Dundee Crown, East Aurora, Elgin, Larkin, Hoffman Estates, Kaneland, Schaumburg, South Elgin, St. Charles East, St. Charles North, Streamwood, West Aurora, and West Chicago.

BUS TIME: Bus leaves at **2:15**. You will get out of school at **2:00 after 9th hour**.

DIRECTIONS: Take Randall Rd. South to Plum St. and turn left.

EVENT SCHEDULE:

4:00 Field Events Begin

Pole Vault – 1 Flight starting height 8'3" up by 6"

High Jump – Starting Height 4'6"

Long Jump – 3 flights. Lesser flight first followed by better flights. Finals immediately after.

Triple Jump – 3 flights. Lesser flight first during flight 3 of LJ.

Discus – Flight 1 followed by flight 2, flight 3 (best flight), and then finals.

Shot – Flight 1 will begin during flight 3 of disc.

Running events to begin at 5:00 PM

-3200m relay

-400m relay

-3200m run

-100m hurdles

-100m dash

-800m run

-800m relay

-400m dash

-300m hurdles

-1600m run

-200m dash

-1600m relay

After such a great regular season, I know we're fired up and ready to take the next step in our championship meets: Sectionals. This is the big time, and we're ready for big performances. This sectional has always been one of the better sectionals in the state, and throughout this season you girls have shown that you belong. You have never backed down from a challenge and have always persevered. If you stay focused and keep that same mindset, I know you will perform to the best of your abilities. Remember to give it your all and leave it all on the track! Let's go out there and make great things happen! #SISU