

UEC Outdoor Conference 2018

Hosted by St. Charles North High School

255 Red Gate Road St. Charles, IL 60175

Head Coach - Kate Mehalic
Athletic Director - Dan Dolney

Date:

Friday, May 4th 2018

Schools:

River Division:

Bartlett, East Aurora, Glenbard East, South Elgin, West Aurora, West Chicago

Valley Division:

Batavia, Elgin, Larkin, Geneva, St. Charles East, St. Charles North, Streamwood

Time Schedule:

2:45 - 3:15 pm	Scratches & Weigh Ins
3:00 pm	Head Coaches Meeting - Finish Line
3:30 pm	Field Events Begin
3:45 pm	JV 3200 M Run (1 Heat)
4:05 pm	Varsity 3200 M Run (1st Heat)
4:20 pm	National Anthem
4:25 pm	Finals in All Track Events



Registration:

All athletes can be registered through the PT Timing website: [Varsity Registration](#), [JV Registration](#). Both registration deadlines are: Tuesday, May 1st at 11:59 pm.

JV: 2 Athletes per Individual Event, 1 Relay

Varsity: 2 Athletes per Individual Event, 1 Relay

Scoring: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1

Substitutions:

No substitutions will be allowed the day of the meet. If a substitution is needed, this will only be accepted with the appropriate principal's letter. Events will NOT be re-seeded.

Facilities

St. Charles North has an 8 lane track. Only rubber soled shoes or shoes with spikes not to exceed 1/4 inch in length will be permitted. No tape or chalk may be used on the track, bean bags or tennis balls will be allowed. The shot and discus areas are concrete, so only rubber soled shoes may be worn. Washrooms and concessions are available in the stadium.

Camps:

Please have your team set up team camps on the North end of the home bleachers or visitor bleachers, as well as outside of the South entrance in the Team Tent Area.

Locker Rooms will not be provided and athletes should not enter the building for any reason.

Additional Notes:

Spirit Corner will be selling UEC meet gear.

- \$15 Tees
- \$18 Long Sleeve Tees
- \$23 Crews
- \$28 Hoodies

- Prices include the UEC design on the front.
- Personalization will be available.
\$6 per name, \$2 per event



Dick Pond Athletics will be selling track gear and equipment.

Spectator Admission:

Students w/ ID - \$3.00

Students w/o ID - \$5.00

Adults - \$5.00

Spectators:

All spectators must remain the stands at all times. Only coaches and athletes in uniform will be allowed on the infield.

Workers:

Each school is responsible for submitting 3 qualified, adult workers to assist in running the meet. **Please respond via email to Kate Mehalic (kathryn.mehalic@d303.org), no later than Monday, April 30th.** While we make every effort to meet your indicated preferences, St. Charles North High School reserves the right to assign meet workers as needed in order for the meet to run smoothly.

Hospitality:

Hospitality will be provided for coaches in workers in the Press Box.

Concessions:

Concessions will be available for all athletes and spectators to purchase.

Field Events:

High Jump:

- Varsity High Jump - to completion
- JV High Jump will immediately follow Varsity
- Starting Heights - JV: 4'0", Varsity: 4'6"

Pole Vault:

- Varsity Pole Vault - to completion
- JV Pole Vault will immediately follow Varsity
- Starting Heights - JV: 6'0", Varsity: 8'0"

Long Jump:

- 3 Jump Prelims - Top 9 to Finals
- Varsity will jump to completion followed by JV

Triple Jump:

- 3 Jump Prelims - Top 9 to Finals
- JV will jump to completion followed by Varsity

Discus:

- 3 Throw Prelim - Top 9 to Finals
- Jv Discus followed by Varsity

Shot Put:

- 3 Throw Prelim - Top 9 to Finals
- Varsity Shot Put followed by JV

Schedule of Events:

3:30 pm	Field Events Begin
3:45 pm	JV 3200 M Run (1 Heat)
4:05 pm	Varsity 3200 M Run (1st Heat)
4:20 pm	National Anthem
4:25 pm	Track Finals - JV Precedes Varsity in all Running Events
	3200 M Relay
	400 M Relay
	Varsity 3200 M Run (2nd Heat)
	100 M Hurdles
	100 M Dash
	800 M Run
	800 M Relay
	400 M Dash
	300 M Hurdles
	1600 M Run
	200 M Dash
	1600 M Relay

Worker List:

Please list the names of three (3) qualified adult workers, choosing from the jobs listed below. While every effort will be made to meet preferences, St. Charles North High School reserves the right to assign workers as needed.

<ul style="list-style-type: none">• Head Discus Official• Head Shot Put Official• Head Long Jump Official• Head Triple Jump Official• Head Pole Vault Official• Head High Jump Official	<ul style="list-style-type: none">• Assistant Discus Official• Assistant Shot Put Official• Assistant Long Jump Official• Assistant Triple Jump Official• Assistant Pole Vault Official• Assistant High Jump Official
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School Name: _____

	Worker's Name	1st Choice	2nd Choice
1.	_____		
2.	_____		
3.	_____		

Please complete, scan, and email this sheet directly to Kate Mehalic at kathryn.mehalic@d303.org no later than Monday, April 30th