

# Kane County Time Schedule

All field events start at 4:30 pm

<b>Shot</b>	2 flights	Best Flight last (Starts with Discus Finals)
<b>Discus</b>	2 flights	Best Flight last (Finals follow immediately)
<b>Long Jump</b>	2 flights	Two runways competing (Finals follow right after) 5 alive
<b>Triple Jump</b>	2 flights	Best Flight last (Lower flight starts with Long Jump finals) 5 alive
<b>High jump</b>	1 flight	Starting Height will be determined at the coaches meeting.
<b>Pole Vault</b>	2 flights	Best Flight First

4:30	East Aurora Senior Night
5:00	Recognition of 1983 East Aurora Team Champion Recognition of all former event champions in attendance
5:55	National Anthem

Finals start at 6:00

(6:00)	3200 M relay	1 heat
(6:15)	400 M relay	2 heats
(6:25)	3200 M run	2 heats
(6:50)	110 M Hurdles	4 heats
(7:05)	100 M dash	4 heats
(7:20)	800 M run	3 heats
(7:35)	800 M relay	2 heats
(7:45)	400 M dash	4 heats
(8:00)	300 M hurdles	4 heats
(8:15)	1600 M run	2 heats
(8:30)	200 M dash	4 heats
(8:45)	Freshman Sprint medley 100,100 200 400	2 heats
(8:55)	1600 M relay	2 heats