

GENEVA VIKINGS TRACK AND FIELD

2017 GIRLS' IHSA SECTIONAL @ Streamwood hosted by Bartlett

COMPETING TEAMS: Geneva, Bartlett, Batavia, Cary Grove, Dundee Crown, Elgin, Larkin, Hoffman Estates, Metea Valley, Schaumburg, South Elgin, St. Charles East, St. Charles North, Streamwood, West Aurora, and West Chicago.

BUS TIME: Bus leaves at **2:30**. You will get out of school at **2:15**

DIRECTIONS: Take Rte 59 North to Schaumburg Rd. Turn Right on Schaumburg Rd to HS

EVENT SCHEDULE:

4:30 Field Events Begin

Pole Vault – Two flights. Better flight 1st Starting Height 7'9". 2nd flight Starting Height 6'3"

High Jump – Starting Height 4'7"

Long Jump – Lesser flight first simultaneously with 2nd flight. Flight 3 (best flight) to follow and finals immediately after flight 3

Triple Jump – To follow Long Jump in the same manner

Discus – Flight 1 followed by flight 2, flight 3, and then finals.

Shot – Flight 1 will begin during flight 3 of disc.

Running events to begin at 6:00 PM

-3200m relay

-400m relay

-3200m run

-100m hurdles

-100m dash

-800m run

-800m relay

-400m dash

-300m hurdles

-1600m run

-200m dash

-1600m relay

This is the championship phase of the season where each meet is bigger and better than the previous! I know we're fired up and ready to take the next step in our championship meets: Sectionals. This is the big time, and we're ready for big performances. This sectional has always been one of the better sectionals in the state, and throughout this season you girls have shown that you belong. You have never backed down from a challenge and have always persevered. If you stay focused and keep that same mindset, I know you will perform to the best of your abilities. Remember to give it your all and leave it all on the track!