



**2017 Upstate Eight Conference**  
**Boys Outdoor Track & Field Championships**  
**Thursday, May 11, 2017**  
**Hosted by: South Elgin High School**

South Elgin High School would like to welcome you and your teams to the 2017 Upstate Eight Boys outdoor Track & Field Championships. We hope to provide you and your athletes a positive experience. Please read through this information carefully.

**MEET INFORMATION:**

**Date:** Thursday, May 11, 2017

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**Location:** Elgin High School  
1200 Maroon Drive  
Elgin, IL 60120

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<b><u>Time Schedule:</u></b>	Scratches, Weigh-In.....	2:30
	Coaches and Officials Meeting (north shed near pole vault).....	3:00
	All Field Events.....	3:30
	National Anthem.....	3:45
	F/S 3200 M Run (1 heat).....	3:50
	Varsity 3200 M Run (1 <sup>st</sup> Heat).....	4:05
	Finals in All Track Events.....	4:25

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**Levels:** The meet will be run at two levels (Varsity & Frosh.Soph). F/S running events will precede all varsity events. A more detailed schedule is contained later in this document.

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Teams may enter two individuals in all running and field events, at both the varsity and JV level. Teams may enter one relay team per event at both levels. Athletes may only compete at one level. Division scoring will be provided in as timely a manner as possible.

**Entries:** We are utilizing Prime Time Timing to seed, time, and score the meet. Each coach should access the site [www.pttiming.com](http://www.pttiming.com) and load your entries. The **deadline for submission will be Tuesday, May 9 at 12:00 p.m.** After that time we will only allow substitutions on the day of the meet in accordance with IHSA rules. There are separate links for Varsity and Fr.So, so please make your entries accordingly.  
**Entry Deadline – Tuesday, May 9 at 12:00pm**

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**Substitutions:** Substitutions will be allowed the day of the meet only with the appropriate Principal's letter. Events will NOT be re-seeded.

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**Facilities:**

Memorial field is an 8 lane track. Rubber soled shoes or shoes with spikes not to exceed ¼" in length. Shot and discus areas are concrete, so rubber soled shoes only. Half tennis balls may be used to mark relays or approaches. Washrooms and concessions will be available inside the track stadium.

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**Areas for Athletes:**

No one except officials, coaches, and competitors will be allowed to enter the track area. Camps will ONLY be permitted on the west side of the stadium.  
**No teams are allowed in the school building for any reason.**

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**Locker Facilities:**

Locker facilities will NOT be provided.

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**Bus Parking**

Please inform your bus drivers to come in off the route 19 entrance at north end of school. Busses my drop teams at the south-west entrance of the stadium. After drop off, buses are to park in the school parking lot at southern most section of th school. Route 19 parking lot is for Parents & spectators only.

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**Coach's Meeting:**

All head coaches, or a representative from your school, must be present at the scratch meeting at 3:00PM

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**Workers:**

Each school is required to provide **three (3)** qualified adult workers. Using the attached sheet, please indicate the names and preferences of your workers and email to [jasonward@u-46.org](mailto:jasonward@u-46.org) or fax to (847) 888-5018 by **Monday, May 8, 2017**. While every effort will be made to meet your indicated preferences, South Elgin High School reserves the right to assign meet workers as needed in order for the meet to run smoothly.

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**Weigh-Ins:**

All shots & discus must be weighed in and certified prior to competition. Weigh-ins will be located at the west entrance of the north shed inside the stadium.

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**Admission:**

<b>Adult</b>	<b>\$5.00</b>
<b>Students w/ID</b>	<b>\$3.00</b>

Upstate Eight Conference Passes will be accepted

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**Starters:**

**Mark Hedrick, Miles Tischhauser, Mike Pondel**

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**Scoring:**

F.A.T. timing will be used this year. Event results will be posted by event outside the concessions stand as they become available. Complete results will be available immediately following the invite online at [www.pttiming.com](http://www.pttiming.com)  
We will score eight places for both individual events and relays (10-8-6-5-4-3-2-1). Awards will be given for places 1-6.  
Divisional scoring shall be completed and scored to six places for each division. The divisional scoring shall be the same for both individual and relays (10-8-6-4-2-1).

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**Hospitality:**

Hospitality in the form of your WRISTBANDS will be provided for coaches and workers. Show wristband to the concession stand and meal options will be provided.

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**Spectators:**

All spectators must remain in the stands at all times. Only coaches with wrist bands and athletes with uniforms warming-up will be allowed on the infield. ONLY warming up and athletes who have finished an event will be allowed on the infield. A SEHS worker will be on the infield to limit congestion and non-competing athletes.

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### Worker List

Please list the names of three (3) qualified adult workers, choosing from the jobs listed below. While every effort will be made to meet preferences, South Elgin High School reserves the right to assign workers as needed.

- Head Discus Official
- Head Shot Put Official
- Head Long Jump Official
- *Head Triple Jump Official is SEHS*
- Head Pole Vault Official
- Head High Jump Official
- Assistant Discus Official
- Assistant Shot Put Official
- Assistant Long Jump Official
- Assistant Triple Jump Official
- Assistant Pole Vault Official
- Assistant High Jump Official

**School Name:** \_\_\_\_\_

<b>Worker's Name</b>	<b>1<sup>st</sup> Choice</b>	<b>2<sup>nd</sup> Choice</b>
1.		
2.		
3.		

**FAX this sheet directly to Jason Ward at 847.888.5018  
or email it to [jasonward@u-46.org](mailto:jasonward@u-46.org)  
No later than Monday, May 8, 2017  
or turn in at post season meeting!**



## **Schedule of Field Events**

**Long jump** (3 jump prelims - top 9 to finals)

- o Varsity (RUNWAY? \_\_\_\_\_) & F/S (RUNWAY? \_\_\_\_\_) to run simultaneously to completion if acceptable wind

**Triple jump** (3 jump prelims - top 9 to finals)

- o Varsity & F/S to run simultaneously to completion following long jump
- o If non-acceptable wind, order shall be: FS LJ, Var LJ, FS TJ, Var TJ

**High jump**

- o Varsity high to completion immediately followed by F/S
- o Opening heights to be determined at coaches' meeting

**Pole vault**

- o Varsity to completion followed by F/S
- o Opening heights to be determined at coaches' meeting

**Discus** (3 throw prelims - top 9 to finals)

- o Varsity to completion followed by F/S

**Shot Put** (3 throw prelims - top 9 to finals)

- o F/S to completion followed by Varsity

## **Schedule of Events**

F/S PRECEDES VARSITY IN ALL EVENTS

All events are finals, no prelims

3:30pm

- Field Events

3:45 pm

- National Anthem

3:50 pm

- F/S 3200m Run 1<sup>st</sup> Heat

4:05 pm

- Varsity 3200m Run 1<sup>st</sup> Heat

4:25pm

### **Track Finals**

- 3200 m Relay
- 400 m Relay
- 3200 m Run (2<sup>nd</sup> Heats F/S and Varsity)
- 100 m Hurdles
- 100 m Dash
- 800 m Run
- 800 m Relay
- 400 m Dash
- 300 m Hurdles
- 1600 m Run (Cliff J. Roberts Memorial Mile Run)
- 200 m Dash
- 1600 m Relay

- Final results and awards packets available in the press box

Meet Manager: Shari Hayes, St. Charles North  
Officials: Scott Brechtel, Miles Tischauser, Mike Pondel  
Check In: Heidi Vlk and Holly Heinrich  
Clerks: Steve Haas, Ron Lansdown  
Announcer: Matt Johnson  
Throws Coordinator: Ken Kemeny, St. Charles North  
Shot Put: Frosh-Soph: Dan Meyo, St. Charles North  
Varsity: Alex Shaw, West Aurora  
Discus: Frosh-Soph: Jesus Gonzalez  
Varsity: Batavia  
Pole Vault: Frosh-Soph: Joe Weber, St. Charles East  
Varsity: Geneva  
High Jump: Frosh-Soph: Ryan Smith, Streamwood  
Varsity: Paul McLeland, West Chicago  
Long Jump: Frosh-Soph: Dan Karys, Bartlett  
Varsity: Dan Greco, Glenbard East  
LJ Asst: TBA, Elgin  
Triple Jump: Frosh-Soph: J. Madura, South Elgin  
Asst FS: Tom Vasa, East Aurora  
Varsity: Jeff Vlk, St. Charles North  
TJ Asst: TBA, Elgin  
4x100 First Exchange: Batavia, SCN  
Second Exchange: Geneva, Larkin  
Third Exchange: West Aurora, Glenbard East  
4x200 First/Third Exchange: STC East, East Aurora, South Elgin, Bartlett  
Second Exchange: Streamwood, West Chicago

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**2017 SEHS VOLUNTEERS: athletes**

**Shot Put 'roll-backs':**

**Discus roll backs:**

**Pole Vault: (3)**

Padding, standards, bar, height indicator, clean up

**High Jump: (2)**

Padding, bar, height indicator, clean up

**Long Jump: (3)**

**Triple Jump:(3)**

Set up, rake, performance boards, clean up

**Results**

**runners: (2)**

Post one on side of concession stand, one goes to press box

**Blocks: (2)**

Get them where they belong

**Hurdle Master: (1)**

**Hurdle Assignments (both 110's and 300's)**

**110's: blue marks, one click down from top**

**300's: red marks, middle click**

Set up hurdles and check each row after every heat for displaced hurdles

**After 110's set hurdles near green marks to middle click**

**Near start: Carl Lipana, Demetrio Torres, Ryan Ashley, Matthew Baumbach**

**2nd 25%: Drew Bolender, Kevin Lee, Austin Curtis, Brandon Eickert**

**3rd 25%: Nathan Kuryla, Dylan Cabrera, Dan Daley**

**Near finish: Andrew Stutesman, Brandon Capriola, Michael Policano**