

GENEVA VIKINGS TRACK AND FIELD

Co-Ed Dual with Batavia

****Throws and PV at Batavia HS**

****All other events contested at Geneva Middle School South**

Bus leaves at 3:15 so be ready to go right after school.

COMPETING TEAMS: Geneva vs. Batavia

DIRECTIONS: Randall Rd south to Main St. Turn Left of Main St. to Batavia HS

EVENT SCHEDULE:

4:30 Field Events Begin

4:30 Running Events Begin

Running Events will always be in this order, so memorize it!!!

-3200m relay

-400m relay

-3200m run

-100m hurdles

-100m dash

-800m run

-800m relay

-400m dash

-300m hurdles – Not competed at the middle school

-1600m run

-200m dash

-1600m relay

This is our last Tuesday meet of the year where everyone gets a chance to compete, and it is also a great chance to fine tune our performances for some of the championship meets soon to come. It's also a dual against Batavia, so we should be extra motivated to compete against them!

As this season is coming to an end, I know that you are ready for some great performances. Trust in your training and that your body knows what to do because of all the practice it's had these past days, weeks, and months.