

BATAVIA HIGH SCHOOL BULLDOG TRACK & FIELD



LIMITED ENTRY COED "FAST & QUICK" MEET

Competing Teams:

Girls: Batavia, Aurora Christian, Plano, St.Charles North, Burlington Central, West Chicago

Boys: Batavia, St.Charles East, Aurora Christian, Plano, Kaneland, East Aurora, Taft, WC

Date: **3/9/2017 Thursday**

Starting Times:

Field Events: 4:30 pm

Running Events: 4:30 pm

Pole Vault: **4:00 pm** - GIRLS 1st, followed by BOYS. Warmup at 3:30pm

DEADLINE: Tuesday, 3/7/2017 @ 10:00 PM

HEAT SHEETS AVAILABLE 3/8/2017 5:00 PM

COACHES ONLY: ONLINE ENTRIES ONLY- ATHLETIC.NET

INSTRUCTIONS NEXT PAGE

MEET FORMAT: It will be a non-scored, limited entry COED entry meet. The results will be recorded in Hytek and distributed at the end of the meet.

ORDER OF EVENTS (girls before boys- fast to slow)

4:30 pm	55 Meters (unlimited)	5 Girls	16 Boys
5:05 pm	55 HH (unlimited)	3 Girls	4 Boys
5:20 pm	300 m (limit 2 per)	2 Girls	4 Boys
5:30 pm	4 x 200 (unlimited)	3 Girls	5 Boys
5:55 pm	400 m (limit 2 per)	3 Girls	4 Boys
6:10 pm	600 m (limit 2 per)	1 Girls	2 Boys
6:20 pm	200 m (limit 2 per)	4 Girls	5 Boys
6:45 pm	4 x 400 (unlimited)	2 Girls	4 Boys

FINISH 7:15

3 per event Maximum

Pole Vault	GIRLS START at 4:00 PM- WE WILL RUN
Shot Put	Best Flights First - 3 throws, then Lower Levels
Long Jump	Cafeteria Style-- 3 Jumps closed at 6:30 pm
Triple Jump	Cafeteria Style--- 3 Jumps closed at 6:30 pm
High Jump	RUN STRAIGHT THROUGH

BATAVIA HIGH SCHOOL BULLDOG TRACK & FIELD

Contact Coach Dennis Piron (boys) Cell: 630-742-6194 / Office: 630-937-8614
Contact Coach Justin Allison (girls) Cell: 630-935-6026 / Work: 630-937-8661

ATHLETIC.NET- FNQ Meet Online Entry Instructions (#294598)

Location	Batavia HS	Director	Dennis Piron
Field Start	4:30 PM	Phone	630-937-8614
Track Start	4:30 PM	Website	http://www.BataviaTrack.com

Athlete Registration will be locked on 3/7/2017 at 10:00 PM (local time)

1. Sign up for a free coach account (if you do not have one)

- Go to: www.athletic.net
- Click on '**Log In**' in the upper right-hand corner, and then click 'Sign Up' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- Sign In to Athletic.net
- Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team.
- Click "**Add Meet**" in your calendar box
- **Where it says "Meet ID:" enter 294598 and click Add**
- Review the information and click **Save and Continue >**
- You may need to click **Save and Continue >** again
- Repeat this process for the rest of your season calendar
- *(You can also add other meets, even if you don't know the Meet ID. Just select your state and click "**Next >**" instead of entering your meet ID.)*
- Verify that your calendar is correct. Use the Edit button next to meets to make corrections

3. Enter team roster

- Open the side menu by clicking on your name.
- Click on your team and then click "**Edit Athletes**" from the list of links for your team.
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option

BATAVIA HIGH SCHOOL BULLDOG TRACK & FIELD

4. Register athletes for the FNQ Meet

- Locate **FNQ Meet** on your team's main Track & Field page and click on the meet name.
- Click "**Register Athletes**"
- Click on an event name, or athlete name to begin registering
- Choose the correct division to enter athlete in
- Click "**Save Changes**"
- Use the boxes on the bottom of the page to add additional athletes to your roster

You can use the meet registration feature of Athletic.net for all your meets. The host team can download them from the website for free.

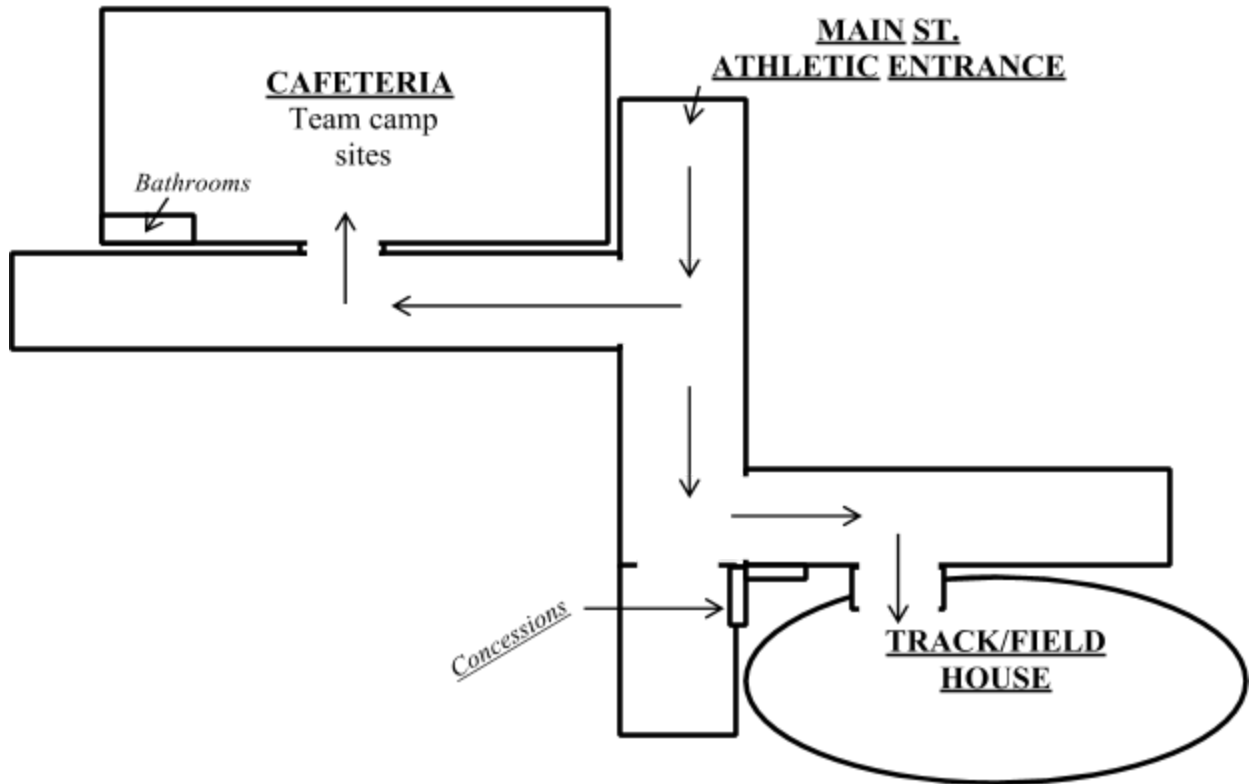
NO GUM, FOOD, OR DRINKS IN THE FIELD HOUSE -

- *THERE ARE DRINKING FOUNTAINS IN THE FIELD HOUSE AVAILABLE FOR ATHLETES AND SPECTATORS*

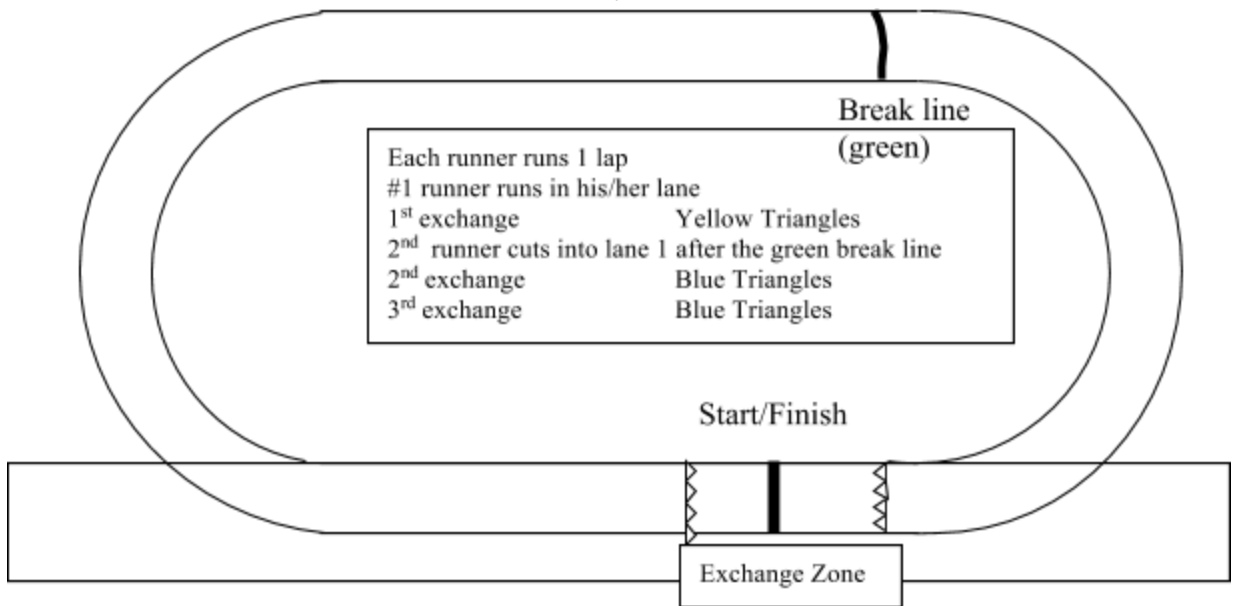
1/8 inch SPIKES ONLY!! PLEASE REMIND YOUR ATHLETES

- Please use Main Street Athletic Entrance only -- Located on the South Side of BHS.
- Make your team camps in the *Cafeteria* by South Athletic Entrance
- Field Events & Running Events start at 4:30 PM
- Please clean up your camps in the Café/Fieldhouse at the completion of the meet.
- Admission fee of **\$5 adults, \$3 students/kids.**

BATAVIA HIGH SCHOOL BULLDOG TRACK & FIELD



4 x 200 relay



BATAVIA HIGH SCHOOL BULLDOG TRACK & FIELD

4 x 400 relay

