

GENEVA VIKINGS CROSS COUNTRY GENEVA HIGH SCHOOL

Race Information for Saturday October 29th
West Aurora State Sectional

Stuart Sport Complex, 38W585 Jericho Road, Aurora, IL

Buses leave at 7:45 am – Arrive at GHS by 7:30 am. Non runners load, unload, etc.

Directions: Randall Road south to Orchard Rd, Right (south) to Jerico Rd, Right to park entrance on the left.

Parking: Is available throughout the Stuart Sports Complex in any lot.

Varsity Girls	Varsity Boys
10:00 - check in by 9:45	11:00 – check in by 10:45
3.0 Miles	3.0 Miles
<i>Sophia McDonnell</i>	<i>Tyler Dau</i>
<i>Emma Ehrhardt</i>	<i>Josh Rodgers</i>
<i>Andrine Larsen</i>	<i>Ryan Kredell</i>
<i>Taryn Christy</i>	<i>Brian Kuehl</i>
<i>Ebony Trout</i>	<i>Scott Creger</i>
<i>Emily Belanger</i>	<i>Dave Creger</i>
<i>Mary Grace Neville</i>	<i>Cole Montgomery</i>
Alternates	
<i>Grace Brolly</i>	<i>Valdis Slokenbergs</i>
<i>Brittany Caskey</i>	<i>Aidan Carr-Clennon</i>
<i>Ally Dudman</i>	<i>Alex Cordogan</i>
<i>Elizabeth Allon</i>	<i>Matt Hoskins</i>
<i>Holly Nusser</i>	<i>Justin Bach</i>
<i>Sarah Mozden</i>	<i>Jordan Evans</i>
	<i>Joe Tegge</i>

Awards: 12:00

Team: 1st Place Championship Plaque Individual: 1-10 Medals in each race

Teams placing 1-5 qualify to the State meet on Saturday, November 7th at Detweiller Park, Peoria, IL.

The top 7 individuals not on the 5 qualifying teams or any individuals finishing in the top 10 overall will also qualify to State meet.

It's All In A STATE Of Mind

If you think you are beaten, you are;
If you think you dare not, you won't;
If you like to win, but don't think you can,
It's almost a cinch you won't.

If you think you'll lose, you're lost;
For out in the world you'll find
Success begins with a fellow's will;
It's all in a STATE of mind.

For many a race is lost
Before even a step is run,
And many a coward falls
Before even his work is begun.

Think big and your deeds will grow
Think small and you'll fall behind;
Think that you can and you will;
It's all in a STATE of mind.

If you think that you are out-classed, you are;
You've got to think high to rise;
You've got to be sure of yourself before
You can ever win a prize.

LIFE'S BATTLES DON'T ALWAYS GO
TO THE STRONGEST OR FASTEST
BUT SOONER OR LATER, THE ONE WHO WINS
IS THE ONE WHO THINKS HE CAN