

## **GENEVA VIKINGS CROSS COUNTRY GENEVA HIGH SCHOOL**

Race Information for Saturday October 22<sup>nd</sup>  
State Regional – Hosted by West Chicago H.S.  
Kress Creek Farm, West Chicago, IL

Buses leave at 8:15 am – Arrive at GHS by 8:00 am. Non runners load, unload, etc.

Directions: Roosevelt Rd (Rt. 38) East to Joliet St. Turn right onto W. Joliet St. to Wilson St. The course is on the south side of Wilson St. Turn right to Kress Creek Farms. On Google Maps, it may show Manville Oaks.

Parking: Is available in the large open field just North of Wilson St. Manville Oaks. There will be people directing traffic and in key locations to help direct you to the race parking area. This is a bridge you can cross directly to the course.

Batavia will be hosting their regional on this same course with races at 1:00 and 2:00.

Varsity Girls	Varsity Boys
10:00 3.0 Miles	11:00 3.0 Miles
<i>Sophia McDonnell</i>	<i>Tyler Dau</i>
<i>Andrine Larsen</i>	<i>Josh Rodgers</i>
<i>Taryn Christy</i>	<i>Ryan Kredell</i>
<i>Ebony Trout</i>	<i>Brian Kuehl</i>
<i>Emily Belanger</i>	<i>Scott Creger</i>
<i>Mary Grace Neville</i>	<i>Dave Creger</i>
<i>Grace Brolly</i>	<i>Cole Montgomery</i>
Alternates	
<i>Emma Ehrhardt</i>	<i>Valdis Slokenbergs</i>
<i>Brittany Caskey</i>	<i>Aidan Carr-Clennon</i>
<i>Ally Dudman</i>	<i>Alex Cordogan</i>
<i>Elizabeth Allon</i>	<i>Matt Hoskins</i>
<i>Holly Nusser</i>	<i>Justin Bach</i>
<i>Sarah Mozden</i>	<i>Jordan Evans</i>
	<i>Joe Tegge</i>

### Awards

Ceremony: Approximately 11:45

Team: 1<sup>st</sup> Place Championship Plaque Individual: 1-5 Medals in each race

Teams placing 1-6 advances to the State Sectional meet on Saturday, October 29<sup>th</sup> at Stuart Sports Complex in Aurora.

The top 5 individuals not on the 6 qualifying teams will also advance to State Sectional meet.

*Source of quotes are unknown*

*"When you finally think, say, feel, and decide you can, strange miracles start to happen."*

*"Let us run with endurance the race that is set before us."*

*"It's rude to count the people you pass. Out loud."*

*"Your biggest challenge isn't someone else. It's the ache in your lungs and the burning in your legs, and the voice inside you that yells "can't", but you don't listen. You just push harder, and then you hear the voice whisper "can" and you discover that the person you thought you were is no match for the one you really are."*