GENEVA VIKINGS CROSS COUNTRY
GENEVA HIGH SCHOOL

Race Information for Saturday September 17th
Peoria Notre Dame Invitational - Richard Spring Memorial

Bus leaves at 5:15 am – Arrive at GHS by 5:00 am

Directions: Rt. 47 south to Rt. 71, Rt. 71 south to I 80, I 80 west to I 39, I 39 south to Rt. 17, Rt. 17 west to Rt. 29, Rt. 29 south to Detweiller Park. Detweiller Park is on the west side of Rt. 29. There is parking north and south of the park.

This is about a 3 hour bus ride. You might want to bring a pillow or blanket so you can sleep on the ride there.

We will be stopping somewhere on the way home to stop for something to eat. Please bring some money if you want to purchase something or other food if you don't want to.

F/S Girls	Varsity Girls	Open Girls	Varsity Boys	F/S Boys	Open Boys
9:00	9:40	10:20	11:00	11:40	12:20
3.0 miles	3.0 miles	3.0 miles	3.0 miles	3.0 miles	3.0 miles
Calabrese	**Ehrhardt**	Mozden	Dau	Slokenbergs	**Hoskins**
McVey	McDonnell	Allon	Rodgers	Tegge	Bach
Foley	Larsen	**Koskiewicz**	Kredell	**Cesarone**	Fogel
Ruane	Christy	Moncrieff	Montgomery	Palmquist	Dutton
Stolfe	Belanger		Creger, S	Beck	Fioresi
Goers	Trout		Carr-Clennon	Dewey	Siegele
Cahill	Neville		**Kuehl**	Dutton	Moravec
Zimny	Dudman		Creger, D	DeMarco	Chaffee
	Caskey		Cordogan	Schwardt	Clancy
	Brolly		Davis	Webster	Chadwell
					Ryan
		Bold = Group Leader			

All boys teams along with those not competing will load the buses at GHS and set up at the meet. All girls teams along with those not competing will take everything down after the meet, load the buses and put everything away at GHS.

There will not be an awards ceremony.
Girls not competing: Thomson, Nusser, Higgins, McIlrath, Nitschke, Nowak, Belzer
Boys not competing: Thomson, M Hall, C Hall, Legenski, Evans

Remember to choose your battles and make your workouts count. The payoff will come!

It's not the hours you put in . . . . It's what you put into the hours

You can't make positive gains by doing less

Our greatest glory is not in never failing but in rising up every time we fail.