

**2016 KANE COUNTY GIRL'S TRACK AND FIELD MEET  
FRIDAY, APRIL 29.**

**Host: St. Charles North High School**

- LOCATION:** St. Charles North High School  
255 Red Gate Rd.  
St. Charles, IL 60175  
Athletic Office Phone: 331-228-6218 Fax: 331-228-4614
- MEET MANAGER:** Shari Hayes( Direct all questions and inquiries)  
Cell: 847-347-0119 Work: 331-228-6272 Email: shari.hayes@d303.org
- COMPETING SCHOOLS:** Aurora Central Catholic, Aurora Christian, Batavia, Burlington Central, Carpentersville (Dundee-Crown),East Aurora, Elgin, Elgin (Larkin), Geneva, IMSA, Kaneland, Rosary, South Elgin, St. Charles East, St. Charles North, St. Edwards, Streamwood, West Aurora
- TIME:** 4:00 PM Head Coaches Meeting at the Start/Finish Line  
4:30PM Field Events  
6:00PM Finals (time is approximate)  
\*Note: FAT system will be used so there will be no Prelims
- ENTRIES:** We will be using pttiming for scoring.  
Please log into pttiming.com and enter the meet  
Entries close at NOON on Wednesday, April 27<sup>th</sup>. **PTTIMING will charge you a \$50 late fee if your entries are not in at Noon on April 27<sup>th</sup>.**
- BUSES:** Buses will drop teams off in the back of the building by the track and park in the lots in front of the school building.  
**NOTE: BUSES ARE NOT ALLOWED TO DROP OFF ATHLETES BETWEEN THE TIMES OF 2:00 – 2:45.**
- SCRATCHES:** All coaches are to report to the Press Box by 4:00pm for scratches, and to pick up your team packet.
- ADULT WORKERS:** All teams are to provide 2 adult workers. Please fax or email me the names and preferences of your workers by Noon on Wednesday, April 27, 2016.
- SCORING:** Scoring for all events will be 10-8-6-5-4-3-2-1
- LOCKER ROOMS:** There will be no locker room facilities available. Please come dressed to compete.

**TEAM CAMPS:**

Team camps are NOT allowed on the football field. All camps must be set-up outside of the stadium or in the bleachers. In the event of inclement weather, team camps will be set up in the Main Gym

**IMPLEMENT  
WEIGH-IN:**

Weigh-in for Shot Put, Discus, and Pole Vault will be by the South West corner of the stadium by the concession stand. Pole Vault poles will also be inspected at the weigh in.

**ADMISSION:**

\$5 all spectators.

**APPAREL:**

Apparel will be sold.

**CONCESSIONS:**

A full-service concession stand will be available throughout the duration of the meet.

**HOSPITALITY:**

We have the greatest hospitality room ever!!!  
It is located in the Cafeteria (Doors 45 and 46)

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**QUESTIONS:**

Please call or email John Osmanski, Head Girl's Track and Field Coach.  
Cell: 847-361-7452 Work: 331-228-6347 Email: [john.osmanski@d303.org](mailto:john.osmanski@d303.org)

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**WORKERS PREFERENCE SHEET, 2016**

Please fax to 331-228-4614

Or email [john.osmanski@d303.org](mailto:john.osmanski@d303.org)

By 5:00PM Wednesday, April 27<sup>th</sup>.

**SCHOOL:** \_\_\_\_\_

**\*\* Please indicate ADULT worker name and their preference of where they would prefer to help. Every attempt will be made to honor preferences, but assignments will be made in the best interests of the County Meet.**

**1. Worker Name:** \_\_\_\_\_

**a. First Choice:** \_\_\_\_\_

**b. Second Choice:** \_\_\_\_\_

**2. Worker Name:** \_\_\_\_\_

**a. First Choice:** \_\_\_\_\_

**b. Second Choice:** \_\_\_\_\_

**2016 KANE COUNTY GIRL'S TRACK AND FIELD MEET**  
**Order of events**

**4:30PM: Field Events**

Pole Vault: 1 Flight. Opening Height 7'

High Jump: 1 Flight. Opening Height 4'7"

Long Jump: 3 flights then directly to finals. Top 9 jumpers from prelims advance to finals.

Discus: 3 flights then directly to finals. Top 9 throws from prelims advance to finals.

Shot: 1<sup>st</sup> flight for shot will begin when the 3<sup>rd</sup> flight of Discus begins.

Triple Jump: 3 Flights. 1<sup>st</sup> Flight to start during the finals of Long Jump

**6:00PM: Finals**

4 x 800 Meter Relay- 1 -2 Heats

4 x 100 Meter Relay – 3 Heats

3200 Meter Run- 2 Heats

100 Meter High Hurdles 4-5 Heat

100 Meter Dash – 5 Heats

800 Meter Run – 3 Heats

4 x 200 Meter Relay – 3 Heats

400 Meter Run – 5 Heats

300 Meter Hurdles – 5 Heats

1600 Meter Run – 3 Heats

200 Meter Dash — Finals – 5 Heats

4 x 400 Meter Run – 3 Heats