

GENEVA VIKING TRACK AND FIELD

Co-Ed Dual with Batavia
Be out at the track by 3:15

COMPETING TEAMS: Geneva vs. Batavia

DIRECTIONS: HERE!!!

EVENT SCHEDULE:

4:30 Field Events Begin

4:30 Running Events Begin

Running Events will always be in this order, so memorize it!!!

-3200m relay

-400m relay

-3200m run

-100m hurdles

-100m dash

-800m run

-800m relay

-400m dash

-300m hurdles

-1600m run

-200m dash

-1600m relay

This is our last Tuesday meet of the year where everyone gets a chance to compete. Some of us will use this meet as a tune up for the Kane County meet later this week. Let's all take advantage of this opportunity to compete and earn spots for the conference meet in a few weeks. As if we need any more motivation to compete hard, it's also a dual against Batavia, so we should be extra motivated to compete against them!

As this season is coming to an end, I know that you are ready for some great performances. Trust in your training and that your body knows what to do because of all the practice it's had these past days, weeks, and months. And as always, let's get PSYCHED UP and SPIKED UP!