

2016 UPSTATE EIGHT CONFERENCE
Varsity & JV
GIRLS INDOOR TRACK & FIELD CHAMPIONSHIPS
SATURDAY, MARCH 19, 2016
HOST: BATAVIA HIGH SCHOOL

Admission: \$5.00 – Adults; \$3.00 – Students & Children. **UEC Passes Accepted**

T-Shirts: UEC Championship T-shirts are available at www.SpiritCorner.com and picked up at the meet.
Pre-Orders will be taken now – March 15th online at www.SpiritCorner.com type UEC in search box!

Scoring: Batavia High School Athletics- www.bataviatrack.com will have updates and results
10-8-6-5-4-3-2-1 OVERALL & 10-8-6-4-2-1 DIVISIONAL SCORING (will be done after the meet.)

Schedule: **7:30 AM** **Scratch/Substitutions**
8:00 AM **Coaches Meeting** **8:25 AM** National Anthem

8:30 AM Field Events:3 Trials No Finals except SHOT PUT (9 to finals)
Shot-Put (Varsity to completion followed by JV)
High Jump (Varsity to completion followed by JV)
Pole Vault (Varsity to completion followed by JV)
Long Jump (Varsity to completion followed by JV)
Triple Jump (JV to completion followed by Varsity)

8:30 AM **Track Finals:**

	3200M Run <u>Section 2</u> JV followed by <u>Section 1</u> JV	(2 heats)
9:00 AM	4 x 800 Meter Relay - JV followed by Varsity	(2 heats)
9:25 AM	3200 Meter Run <u>Section 2</u> Varsity followed by <u>Section 1</u>	(2 heats)
9:55 AM	55 Meter High Hurdle Final - JV followed by Varsity	(4 JV, 4V)
10:15 AM	55 Meter Dash Final - JV followed by Varsity	(4 JV, 4V)
10:35 AM	800 Meter run- JV followed by Varsity	(2 JV, 2V)
10:50 AM	4 x 200 Meter Relay- JV followed by Varsity	(3 JV, 3V)
11:10 AM	400 Meter Dash- JV followed by Varsity	(5 JV, 5V)
11:35 AM	1600 Meter Run- JV followed by Varsity	(2 JV, 2V)
12:05 PM	200 Meter Dash- JV followed by Varsity	(5 JV, 5V)
12:35 PM	1600 Meter Relay- JV followed by Varsity	(2 JV, 2V)

THE TIME SCHEDULE IS A BEST ESTIMATE OF THE START OF EVENT TIMES
ATHLETES MUST PAY ATTENTION TO ALL ANNOUNCER CALLS