13th Annual Mustang Relays Indoor Invitational

hosted by Downers Grove South High School Monday, March 7th, 2016

LOCATION: North Central College Recreation Center, 440 S. Brainard St., Naperville, IL.

BUS PARKING: You may drop athletes off next to the Rec Center and then all vehicles will be directed to park by security officers. Mini-buses and vans will be directed to park in the lot directly north of the football stadium AND at Highland Elementary School (525 S. Brainard Street, Naperville, IL). All full-size yellow buses will drop off athletes and then will be directed to park at Naperville Central HS (440 W. Aurora Avenue, Naperville, IL).

SCHEDULE OF EVENTS: (the times after the first race are <u>approximate</u>; the meet will run straight through)

| 5:30pm | Doors open (please do not arrive before 5:30pm, you will NOT be allowed in Rec Center) |
|--------|--|
| 6:00 | Deadline for scratches (scratches only, no additions) |
| 6:30 | Girls 4x800m Relay (3 heatsslowest to fastest) |
| 7:15 | Boys 4x800m Relay (3 heats) |
| 7:50 | Girls 4x200m Relay (6 heats) |
| 8:20 | Boys 4x200m Relay (6 heats) |
| 8:45 | Girls 4x400m Relay (6 heats) |
| 9:25 | Boys 4x400m Relay (6 heats) |
| | |

TEAMS COMPETING:

Girls: Batavia, Benet Academy, Bolingbrook, Burlington Central, Carmel, Downers Grove North, Downers Grove South, Fenwick, Geneva, Glenbard East, Glenbard South, Grant, Hoffman Estates, Kaneland, Lake Forest, Lake Park, Lane Tech, Lincoln-Way East, Loyola Academy, Lyons Township, Minooka, Neuqua Valley, New Trier, Plainfield North, Prospect, Proviso East, Sandburg, Schaumburg, St. Charles East, St. Ignatius, Thornwood, West Aurora, Wheaton North, Whitney Young, Yorkville.

Boys: Addison Trail, Batavia, Bloom, Downers Grove North, Downers Grove South, East Aurora, Geneva, Glenbard East, Glenbard West, Hinsdale Central, Hinsdale South, Kaneland, Lake Forest, Lane Tech, Lyons Township, Metea Valley, Minooka, Naperville Central, Neuqua Valley, Niles North, Plainfield East, Plainfield South, Proviso East, Romeoville, Sandburg, South Elgin, St. Charles East, St. Charles North, St. Ignatius, Thornwood, West Aurora, West Chicago, Willowbrook, Whitney Young, Yorkville.

ENTRIES: Every school will be allowed to enter 1 relay team in each of the 3 races. For seeding purposes, we are asking for a <u>projected time</u> for each of the three relays, keeping in mind the athletes who <u>will</u> be competing. We want to have heats between teams so that they are as <u>competitive</u> as possible and so that ALL teams can run their <u>fastest</u> times against similar competition. We are just asking that all coaches be <u>realistic</u> rather than <u>wishful</u> in determining your seed times. The actual race will prove everyone right or wrong.

ENTRY DEADLINE: Thursday, March 3rd at 12:00 noon. Please email entries to dplunkett@csd99.org by the deadline. Entries not received by this time will be seeded as 'No Time' and placed in the slowest heats. You must also send a list of ALL your coaches (both first and last names) that could possibly attend when you send in your entries.

** Restricted Access on the Main Floor ** ...all coaches & workers will need to CHECK IN at a table in the lobby to receive a BRACELET allowing access to the main floor of the fieldhouse. Athletes must be in UNIFORM to enter the field house. ALL spectators will be directed to the 3rd floor balcony to view the meet. Spectators must use the elevator to reach the 3rd floor.

GENERAL INFO:

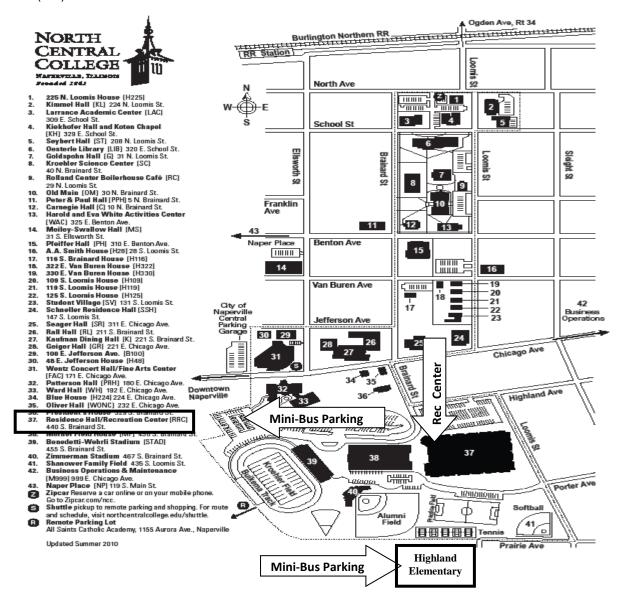
- **Spikes**...athletes may wear running flats or up to <u>1/8 inch exposed pyramid spikes</u> in the fieldhouse. Spikes will be checked at the starting line. Athletes with improper spikes will cause their relay team to be removed from the race. Spikes may NOT be worn anywhere outside of the fieldhouse (including the lobby or restroom facilities).
- Starting blocks...will be provided by DGS. Please bring your own relay batons.
- **Team Camps**...please make team camps in the <u>west</u> half of the fieldhouse. We want to keep the finish line side of the infield free from camps.
- **Bullpen**...the bullpen will be located in the southwest corner of the track. All relay teams must report to the bullpen 10 minutes prior to their race to check in and receive hip numbers.
- **FAT Timing for all races**...please help keep your athletes clear of the finish line area. The anchor leg of each relay team must wear hip numbers.

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- **FOOD / DRINKS**...There <u>will be</u> concessions available for spectators and athletes on the 3rd floor lobby, but <u>no</u> food or drinks will be allowed in the fieldhouse. Please enforce this policy with your own team.
- Locker Rooms / Restrooms...there are NO locker room facilities available to use. Access to the restrooms for all athletes will be from inside the fieldhouse. Spikes must be removed when exiting fieldhouse.
- Awards...there will be medals for the top 3 relay teams in each event.
- Warm-Ups...athletes may use the infield area to warm-up. Please help keep your athletes off of the track during the races.
- **Trainer**...there will be a trainer available on the infield of the track.
- Admission...spectators will be charged \$3 admission to the meet.
- T-Shirts...a limited number of Mustang Relays T-shirts will be sold at the meet for \$15.
- **Spectator Parking**... is available first come first serve in campus lots P13, upper level P14, surrounding city streets per posted city parking regulations, and Downtown Naperville Parking Garages.
- **Results:** No team scores will be kept. Results will be posted near the finish line, emailed to all coaches and can be found at dgscctf.com/track-field/downers-grove-south-mustang-relays.

QUESTIONS: If you have any questions regarding the meet contact coach Doug Plunkett at dplunkett@csd99.org or 630-269-2884 (cell).



Event 1 Girls 4x800 Meter Relay

| | Meet: | 9:22.68 | 3/7/2011 | Schaumburg | | |
|-----------------------|---------------|---------|----------|------------|-----------|--|
| Lane | Team | | | Relay | Seed Time | |
| Section 1 of 3 Finals | | | | | | |
| 1A | Whitney You | ng | | | 10:15.20 | |
| 1B | Burlington C | entr | | | 10:15.30 | |
| 1C | Bolingbrook | | | | 10:25.00 | |
| 1D | Glenbard Sou | uth | | | 10:25.00 | |
| 1E | St.Ignatius | | | | 10:30.00 | |
| 1F | Mundelein | | | | 10:33.00 | |
| 1G | Carmel | | | | 10:35.00 | |
| 1H | West Aurora | | | | 10:50.00 | |
| 2A | Sandburg | | | | 10:50.00 | |
| 2B | Fenwick | | | | 11:15.00 | |
| 2C | Proviso East | | | | 11:35.00 | |
| Section | n 2 of 3 I | Finals | | | | |
| 1A | Lincoln-Way | East | | | 9:49.00 | |
| 1B | Geneva | | | | 9:50.00 | |
| 1C | Yorkville | | | В | 9:51.00 | |
| 1D | Benet Acade | my | | | 9:52.00 | |
| 1E | Neuqua Valle | ey | | | 9:53.02 | |
| 1F | Lake Forest | | | | 9:57.00 | |
| 1G | Grant | | | | 10:02.00 | |
| 1H | Glenbard Eas | st | | | 10:05.50 | |
| 2A | Prospect | | | | 10:07.86 | |
| 2B | Downers Sou | ıth | | В | 10:10.00 | |
| 2C | Wheaton No | rth | | | 10:10.00 | |
| 2D | Kaneland | | | | 10:12.00 | |
| Section | n 3 of 3 I | inals | | | | |
| 1A | Lane Tech | | | | 9:30.00 | |
| 1B | Hoffman Esta | ates | | | 9:38.00 | |
| 1C | Schaumburg | | | | 9:40.00 | |
| 1D | Batavia | | | | 9:42.00 | |
| 1E | Yorkville | | | | 9:42.00 | |
| 1F | St.Charles Ea | ast | | | 9:43.00 | |
| 1G | Downers No | | | | 9:43.00 | |
| 1H | Loyola Acad | emy | | | 9:43.00 | |
| 2A | Plainfield No | orth | | | 9:43.30 | |
| 2B | Downers Sou | ıth | | | 9:44.00 | |
| 2C | Minooka | | | | 9:44.00 | |
| 2D | New Trier | | | | 9:47.00 | |
| 2E | Lyons Towns | ship | | | 9:47.00 | |

Event 2 Boys 4x800 Meter Relay

| Secti | Team | D 1 | |
|---------|------------------|-------|-----------|
| | | Relay | Seed Time |
| | on 1 of 3 Finals | | |
| 1A | Niles North | | 8:30.00 |
| 1B | St.Charles North | | 8:30.00 |
| 1C | Downers South | В | 8:32.00 |
| 1D | Proviso East | | 8:34.00 |
| 1E | Yorkville | | 8:34.00 |
| 1F | East Aurora | | 8:35.00 |
| 1G | Romeoville | | 8:35.00 |
| 2A | Addison Trail | | 8:45.00 |
| 2B | West Chicago | | 8:50.00 |
| 2C | Glenbard East | | 8:51.00 |
| 2D | Willowbrook | | 9:00.00 |
| 2E | South Elgin | | 9:14.00 |
| Secti | on 2 of 3 Finals | | |
| 1A | Kaneland | | 8:18.40 |
| 1B | Metea Valley | | 8:19.00 |
| 1C | Downers South | | 8:20.00 |
| 1D | Batavia | | 8:20.00 |
| 1E | St.Charles East | | 8:20.50 |
| 1F | West Aurora | | 8:24.00 |
| 1G | SHEP | | 8:25.00 |
| 2A | Plainfield East | | 8:25.00 |
| 2B | Glenbard West | | 8:25.00 |
| 2C | Naperville Cent | | 8:25.00 |
| 2D | Geneva | | 8:25.00 |
| 2E | Lane Tech | | 8:25.00 |
| Secti | on 3 of 3 Finals | | |
| 1A | Sandburg | | 7:55.00 |
| 1B | Lyons Township | | 7:59.00 |
| 1C | Neuqua Valley | | 8:05.00 |
| 1D | Hinsdale South | | 8:05.00 |
| 1E | St.Ignatius | | 8:06.00 |
| 1F | Hinsdale Central | | 8:08.00 |
| 1G | Whitney Young | | 8:10.00 |
| 2A | Downers North | | 8:10.00 |
| 2B | Minooka | | 8:10.00 |
| 2C | Sandburg | В | 8:12.00 |
| 2D | Plainfield South | | 8:14.00 |
| 2E | Lyons Township | В | 8:14.00 |

Event 3 Girls 4x200 Meter Relay

| | Meet: 1:41.36 | 3/10/2014 | Lincol | ı-Way East |
|--------|------------------|-----------|--------|------------|
| Lane | Team | I | Relay | Seed Time |
| Sectio | n 1 of 6 Finals | | | |
| 1 | Glenbard East | | | 1:59.00 |
| 2 | Burlington Centr | | | 1:58.90 |
| 3 | Lane Tech | | | 1:57.20 |
| 4 | Mundelein | | | 1:58.00 |
| 5 | Hoffman Estates | | | 1:58.90 |
| 6 | Geneva | | | 2:00.00 |
| | | | | |

| Section | on 2 of 6 Finals(Event 3 | Girls 4x200 Meter | Relay) |
|---------|----------------------------|-------------------|---------|
| 1 | Fenwick | | 1:57.00 |
| 2 | Carmel | | 1:56.50 |
| 3 | St.Charles East | | 1:55.90 |
| 4 | Benet Academy | | 1:56.00 |
| 5 | Wheaton North | | 1:56.80 |
| 6 | Schaumburg | | 1:57.00 |
| Section | on 3 of 6 Finals | | |
| 1 | Proviso East | | 1:54.20 |
| 2 | Prospect | | 1:53.60 |
| 3 | Loyola Academy | | 1:53.10 |
| 4 | Plainfield North | | 1:53.30 |
| 5 | Glenbard South | | 1:53.78 |
| 6 | Lake Forest | | 1:55.00 |
| Section | on 4 of 6 Finals | | |
| 1 | New Trier | | 1:52.40 |
| 2 | Minooka | | 1:52.00 |
| 3 | Sandburg | | 1:51.50 |
| 4 | Grant | | 1:51.80 |
| 5 | Downers North | | 1:52.00 |
| 6 | Neuqua Valley | | 1:52.89 |
| Section | on 5 of 6 Finals | | |
| 1 | St.Ignatius | | 1:51.00 |
| 2 | Yorkville | | 1:49.87 |
| 3 | Lincoln-Way East | В | 1:48.90 |
| 4 | Kaneland | | 1:49.50 |
| 5 | Lyons Township | | 1:50.00 |
| 6 | Downers South | В | 1:51.20 |
| Section | on 6 of 6 Finals | | |
| 1 | Batavia | | 1:48.24 |
| 2 | West Aurora | | 1:47.00 |
| 3 | Lincoln-Way East | | 1:40.00 |
| 4 | Bolingbrook | | 1:47.00 |
| 5 | Whitney Young | | 1:47.80 |
| 6 | Downers South | | 1:48.50 |
| Even | t 4 Boys 4x200 Meter Relay | | |

| Event 4 | Boys 4x200 | Meter Relay |
|---------|------------|-------------|
|---------|------------|-------------|

| | Meet: 1:30.50 | 3/7/2011 | Plain | field South |
|---------|-----------------------|----------|-------|-------------|
| Lane | Team | | Relay | Seed Time |
| Section | on 1 of 6 Finals | | | |
| 2 | West Chicago | | | 1:40.00 |
| 3 | East Aurora | | | 1:39.00 |
| 4 | Willowbrook | | | 1:40.00 |
| 5 | St.Ignatius | | | 1:41.00 |
| Section | Section 2 of 6 Finals | | | |
| 1 | Downers South | | В | 1:38.50 |
| 2 | Yorkville | | | 1:37.24 |
| 3 | St.Charles North | | | 1:36.80 |
| 4 | Romeoville | | | 1:36.80 |
| 5 | SHEP | | | 1:37.90 |
| 6 | St.Charles East | | | 1:38.50 |
| | | | | |

| Section | on 3 of 6 Finals | |
|---------|------------------|---------|
| 1 | Glenbard East | 1:36.10 |
| 2 | Addison Trail | 1:36.00 |
| 3 | Sandburg | 1:35.50 |
| 4 | Naperville Cent | 1:36.00 |
| 5 | Downers South | 1:36.10 |
| 6 | Kaneland | 1:36.40 |
| Section | on 4 of 6 Finals | |
| 1 | Lake Forest | 1:35.20 |
| 2 | Neuqua Valley | 1:35.01 |
| 3 | Hinsdale South | 1:35.00 |
| 4 | Proviso East | 1:35.00 |
| 5 | Downers North | 1:35.20 |
| 6 | Lane Tech | 1:35.50 |
| Section | on 5 of 6 Finals | |
| 1 | West Aurora | 1:34.50 |
| 2 | Batavia | 1:34.00 |
| 3 | Hinsdale Central | 1:33.50 |
| 4 | Metea Valley | 1:33.50 |
| 5 | Geneva | 1:34.00 |
| 6 | Lyons Township | 1:35.00 |
| Section | on 6 of 6 Finals | |
| 1 | Glenbard West | 1:33.00 |
| 2 | Plainfield South | 1:32.70 |
| 3 | Plainfield East | 1:32.00 |
| 4 | Minooka | 1:32.41 |
| 5 | South Elgin | 1:33.00 |
| 6 | Niles North | 1:33.40 |
| | | |

Event 5 Girls 4x400 Meter Relay

| | Meet: | 3:55.95 | 3/9/2015 | Linco | oln-Way East |
|---------|--------------|---------|----------|-------|--------------|
| Lane | Team | | | Relay | Seed Time |
| Section | on 1 of 6 | Finals | | | |
| 1 | Glenbard So | uth | | | 4:32.40 |
| 2 | Fenwick | | | | 4:26.00 |
| 3 | Geneva | | | | 4:25.00 |
| 4 | Proviso East | | | | 4:25.40 |
| 5 | Prospect | | | | 4:28.00 |
| 6 | Mundelein | | | | 4:33.00 |
| Section | on 2 of 6 | Finals | | | |
| 1 | Glenbard Ea | st | | | 4:22.00 |
| 2 | Burlington C | Centr | | | 4:20.90 |
| 3 | Bolingbrook | | | | 4:20.00 |
| 4 | St.Ignatius | | | | 4:20.00 |
| 5 | Sandburg | | | | 4:22.00 |
| 6 | Carmel | | | | 4:24.00 |
| Section | on 3 of 6 | Finals | | | |
| 1 | Schaumburg | | | | 4:19.00 |
| 2 | Benet Acade | emy | | | 4:17.00 |
| 3 | Loyola Acad | lemy | | | 4:16.03 |
| 4 | Wheaton No | rth | | | 4:16.80 |
| 5 | West Aurora | | | | 4:18.00 |
| 6 | Downers Son | uth | | В | 4:19.00 |

2016 Mustang Relays - 3/7/2016 **North Central College**

Meet Program - Running Evensts

| Section | on 4 of 6 Finals(Event 5 | Girls 4x400 Meter Relay) |
|---------|--------------------------|--------------------------|
| 1 | Lake Forest | 4:15.00 |
| 2 | Minooka | 4:13.70 |
| 3 | Lyons Township | 4:12.00 |
| 4 | Downers North | 4:13.00 |
| 5 | Yorkville | 4:15.00 |
| 6 | Hoffman Estates | 4:16.00 |
| Section | on 5 of 6 Finals | |
| 1 | St.Charles East | 4:12.00 |
| 2 | Batavia | 4:10.00 |
| 3 | Kaneland | 4:06.00 |
| 4 | Whitney Young | 4:08.30 |
| 5 | Plainfield North | 4:11.30 |
| 6 | Grant | 4:12.00 |
| Section | on 6 of 6 Finals | |
| 1 | Downers South | 4:05.50 |
| 2 | Lane Tech | 4:04.00 |
| 3 | Lincoln-Way East | 3:54.00 |
| 4 | Lincoln-Way East | B 4:00.00 |
| 5 | New Trier | 4:04.80 |
| 6 | Neuqua Valley | 4:05.73 |

Event 6 Boys 4x400 Meter Relay

| | Meet: 3:22.63 3/2011 | Plainfield South | |
|---------|----------------------|------------------|-----------|
| Lane | Team | Relay | Seed Time |
| Section | on 1 of 6 Finals | | |
| 1 | East Aurora | | 3:51.00 |
| 2 | Willowbrook | | 3:44.00 |
| 3 | St.Ignatius | | 3:40.00 |
| 4 | Downers South | В | 3:42.00 |
| 5 | Romeoville | | 3:50.00 |
| Sectio | on 2 of 6 Finals | | |
| 1 | Geneva | | 3:40.00 |
| 2 | West Chicago | | 3:40.00 |
| 3 | Glenbard East | | 3:38.70 |
| 4 | SHEP | | 3:40.00 |
| 5 | South Elgin | | 3:40.00 |
| 6 | Addison Trail | | 3:40.00 |
| Sectio | on 3 of 6 Finals | | |
| 1 | Whitney Young | | 3:38.00 |
| 2 | St.Charles North | | 3:37.00 |
| 3 | Proviso East | | 3:36.20 |
| 4 | Naperville Cent | | 3:37.00 |
| 5 | Yorkville | | 3:37.24 |
| 6 | Metea Valley | | 3:38.00 |
| Section | on 4 of 6 Finals | | |
| 1 | West Aurora | | 3:36.00 |
| 2 | Lane Tech | | 3:35.50 |
| 3 | Hinsdale South | | 3:34.00 |
| 4 | Niles North | | 3:35.00 |
| 5 | Kaneland | | 3:35.60 |
| 6 | Hinsdale Central | | 3:36.00 |
| | | | |

| Section | on 5 of 6 Finals | |
|---------|------------------|---------|
| 1 | Downers South | 3:33.00 |
| 2 | Plainfield East | 3:32.00 |
| 3 | St.Charles East | 3:31.50 |
| 4 | Lyons Township | 3:32.00 |
| 5 | Lake Forest | 3:32.60 |
| 6 | Batavia | 3:33.50 |
| Section | on 6 of 6 Finals | |
| 1 | Plainfield South | 3:29.50 |
| 2 | Minooka | 3:28.98 |
| 3 | Neuqua Valley | 3:26.00 |
| 4 | Sandburg | 3:28.00 |
| 5 | Downers North | 3:29.50 |
| 6 | Glenbard West | 3:31.00 |

Event 2 Boys 4x800 Meter Relay

| | | x800 Meter Relay | | | | |
|----------------|--------|---------------------|-------|-----------|-------------|-------|
| Lane | Comp | | Relay | Seed Time | Finals | Place |
| | 1 of 3 | Timed Finals | | | | |
| 1-1A | | Niles North | | 8:30.00 | | |
| 2-1B | | St.Charles North | | 8:30.00 | | |
| 3-1C | | Downers South | В | 8:32.00 | | |
| 4-1D | | Proviso East | | 8:34.00 | | |
| 5-1E | | Yorkville | | 8:34.00 | | |
| 6-1F | | East Aurora | | 8:35.00 | | |
| 7-1G | | Romeoville | | 8:35.00 | | |
| 8-2A | | Addison Trail | | 8:45.00 | | |
| 9-2B | | West Chicago | | 8:50.00 | | |
| 10-2C | | Glenbard East | | 8:51.00 | | |
| 11 - 2D | | Willowbrook | | 9:00.00 | | |
| 12-2E | | South Elgin | | 9:14.00 | | |
| | 2 of 3 | Timed Finals | | | | |
| 1-1A | | Kaneland | | 8:18.40 | | |
| 2-1B | | Metea Valley | | 8:19.00 | | |
| 3-1C | | Downers South | | 8:20.00 | | |
| 4-1D | | Batavia | | 8:20.00 | | |
| 5-1E | | St.Charles East | | 8:20.50 | | |
| 6-1F | | West Aurora | | 8:24.00 | | |
| 7-1G | | Shepard | | 8:25.00 | | |
| 8-2A | | Plainfield East | | 8:25.00 | | |
| 9-2B | | Glenbard West | | 8:25.00 | | |
| 10-2C | | Naperville Central | | 8:25.00 | | |
| 11-2D | | Geneva | | 8:25.00 | | |
| 12-2E | | Lane Tech | | 8:25.00 | | |
| Section | 3 of 3 | Timed Finals | | | | |
| 1-1A | | Sandburg | | 7:55.00 | | |
| 2-1B | | Lyons Township | | 7:59.00 | | |
| 3-1C | | Neuqua Valley | | 8:05.00 | | |
| 4-1D | | Hinsdale South | | 8:05.00 | | |
| 5-1E | | St.Ignatius | | 8:06.00 | | |
| 6-1F | | Hinsdale Central | | 8:08.00 | | |
| 7-1G | | Whitney Young | | 8:10.00 | | |
| 8-2A | | Downers North | | 8:10.00 | | |
| 9-2B | | Minooka | | 8:10.00 | | |
| 10-2C | | Sandburg | В | 8:12.00 | | |
| 11-2D | | Plainfield South | | 8:14.00 | | |
| 12-2E | | Lyons Township | В | 8:14.00 | | |
| | | | | | | |

Event 4 Boys 4x200 Meter Relay

| Event 4 | | 4x200 Meter Relay | | | | |
|---------|----------|--------------------|-------|-----------|---------------|-------|
| Lane | Comp | | Relay | Seed Time | Finals | Place |
| Section | 1 of 6 | Timed Finals | | | | |
| 2 | | West Chicago | | 1:40.00 | | |
| 3 | | East Aurora | | 1:39.00 | | |
| 4 | | Willowbrook | | 1:40.00 | | |
| 5 | | St.Ignatius | | 1:41.00 | | |
| Section | 2 of 6 | Timed Finals | | | | |
| 1 | | Downers South | В | 1:38.50 | | |
| 2 | | Yorkville | | 1:37.24 | | |
| 3 | | St.Charles North | | 1:36.80 | | |
| 4 | | Romeoville | | 1:36.80 | | |
| 5 | | Shepard | | 1:37.90 | | |
| 6 | | St.Charles East | | 1:38.50 | | |
| Section | 3 of 6 | Timed Finals | | | | |
| 1 | | Glenbard East | | 1:36.10 | | |
| 2 | | Addison Trail | | 1:36.00 | | |
| 3 | | Sandburg | | 1:35.50 | | |
| 4 | | Naperville Central | | 1:36.00 | | |
| 5 | | Downers South | | 1:36.10 | | |
| 6 | | Kaneland | | 1:36.40 | | |
| Section | 4 of 6 | Timed Finals | | | | |
| 1 | | Lake Forest | | 1:35.20 | | |
| 2 | | Neuqua Valley | | 1:35.01 | . | |
| 3 | | Hinsdale South | | 1:35.00 | | |
| 4 | | Proviso East | | 1:35.00 | | |
| 5 | | Downers North | | 1:35.20 | | |
| 6 | | Lane Tech | | 1:35.50 | | |
| Section | 5 of 6 | Timed Finals | | | | |
| 1 | | West Aurora | | 1:34.50 | | |
| 2 | | Batavia | | 1:34.00 | | |
| 3 | | Hinsdale Central | | 1:33.50 | | |
| 4 | | Metea Valley | | 1:33.50 | | |
| 5 | | Geneva | | 1:34.00 | | |
| 6 | | Lyons Township | | 1:35.00 | | |
| Section | 6 of 6 | Timed Finals | | | | |
| 1 | | Glenbard West | | 1:33.00 | · | |
| 2 | | Plainfield South | | 1:32.70 | | |
| 3 | | Plainfield East | | 1:32.00 | | |
| 4 | | Minooka | | 1:32.41 | | |
| 5 | | South Elgin | | 1:33.00 | | |
| 6 | | Niles North | | 1:33.40 | | |
| | | | | | | |

Event 6 Boys 4x400 Meter Relay

| | | 4x400 Meter Relay | | | | |
|---------|--------|--------------------|-------|-----------|--------|-------|
| Lane | Comp | | Relay | Seed Time | Finals | Place |
| | 1 of 6 | Timed Finals | | | | |
| 1 | | East Aurora | | 3:51.00 | | |
| 2 | | Willowbrook | | 3:44.00 | | |
| 3 | | St.Ignatius | | 3:40.00 | | |
| 4 | | Downers South | В | 3:42.00 | | |
| 5 | | Romeoville | | 3:50.00 | | |
| Section | 2 of 6 | Timed Finals | | | | |
| 1 | | Geneva | | 3:40.00 | | |
| 2 | | West Chicago | | 3:40.00 | | |
| 3 | | Glenbard East | | 3:38.70 | | |
| 4 | | Shepard | | 3:40.00 | | |
| 5 | | South Elgin | | 3:40.00 | | |
| 6 | | Addison Trail | | 3:40.00 | | |
| Section | 3 of 6 | Timed Finals | | | | |
| 1 | | Whitney Young | | 3:38.00 | | |
| 2 | | St.Charles North | | 3:37.00 | | |
| 3 | | Proviso East | | 3:36.20 | | |
| 4 | | Naperville Central | | 3:37.00 | | |
| 5 | | Yorkville | | 3:37.24 | | |
| 6 | | Metea Valley | | 3:38.00 | | |
| Section | 4 of 6 | Timed Finals | | | | |
| 1 | | West Aurora | | 3:36.00 | | |
| 2 | | Lane Tech | | 3:35.50 | | |
| 3 | | Hinsdale South | | 3:34.00 | | |
| 4 | | Niles North | | 3:35.00 | | |
| 5 | | Kaneland | | 3:35.60 | | |
| 6 | | Hinsdale Central | | 3:36.00 | | |
| | 5 of 6 | Timed Finals | | | | |
| 1 | | Downers South | | 3:33.00 | | |
| 2 | | Plainfield East | | 3:32.00 | | |
| 3 | | St.Charles East | | 3:31.50 | | |
| 4 | | Lyons Township | | 3:32.00 | | |
| 5 | | Lake Forest | | 3:32.60 | | |
| 6 | | Batavia | | 3:33.50 | | |
| | 6 of 6 | Timed Finals | | 3.33.30 | | |
| 1 | J J1 J | Plainfield South | | 3:29.50 | | |
| 2 | | Minooka | | 3:28.98 | | |
| 3 | | Neuqua Valley | | 3:26.00 | | |
| 4 | | Sandburg | | 3:28.00 | | |
| 5 | | Downers North | | 3:29.50 | | |
| 6 | | Glenbard West | | 3:31.00 | | |
| U | | Gichidalu west | | 3.31.00 | | |

2016 Mustang Relays - 3/7/2016 North Central College Performance List - Running Evensts

Event 2 Boys 4x800 Meter Relay

| Event 2 | Boys 4x8 | Boys 4x800 Meter Relay | | | | |
|---------|----------|------------------------|-------|-----------|--------|-------|
| | Comp# | Team | Relay | Seed Time | Finals | Place |
| 1 | | Sandburg | | 7:55.00 | | |
| 2 | | Lyons Township | | 7:59.00 | | |
| 3 | | Hinsdale South | | 8:05.00 | | |
| 4 | | Neuqua Valley | | 8:05.00 | | |
| 5 | | St.Ignatius | | 8:06.00 | | |
| 6 | | Hinsdale Central | | 8:08.00 | | |
| 7 | | Downers North | | 8:10.00 | | |
| 8 | | Minooka | | 8:10.00 | | |
| 9 | | Whitney Young | | 8:10.00 | | |
| 10 | | Sandburg | В | 8:12.00 | | |
| 11 | | Plainfield South | | 8:14.00 | | |
| 12 | | Lyons Township | В | 8:14.00 | | |
| 13 | | Kaneland | | 8:18.40 | | |
| 14 | | Metea Valley | | 8:19.00 | | |
| 15 | | Downers South | | 8:20.00 | | |
| 16 | | Batavia | | 8:20.00 | | |
| 17 | | St.Charles East | | 8:20.50 | | |
| 18 | | West Aurora | | 8:24.00 | | |
| 19 | | Glenbard West | | 8:25.00 | | |
| 20 | | Plainfield East | | 8:25.00 | | |
| 21 | | Shepard | | 8:25.00 | | |
| 22 | | Geneva | | 8:25.00 | | |
| 23 | | Lane Tech | | 8:25.00 | | |
| 24 | | Naperville Central | | 8:25.00 | | |
| 25 | | St.Charles North | | 8:30.00 | | |
| 26 | | Niles North | | 8:30.00 | | |
| 27 | | Downers South | В | 8:32.00 | | |
| 28 | | Yorkville | | 8:34.00 | | |
| 29 | | Proviso East | | 8:34.00 | | |
| 30 | | Romeoville | | 8:35.00 | | |
| 31 | | East Aurora | | 8:35.00 | | |
| 32 | | Addison Trail | | 8:45.00 | | |
| 33 | | West Chicago | | 8:50.00 | | |
| 34 | | Glenbard East | | 8:51.00 | | |
| 35 | | Willowbrook | | 9:00.00 | | |
| 36 | | South Elgin | | 9:14.00 | | |
| | | | | | | |

2016 Mustang Relays - 3/7/2016 North Central College Performance List - Running Evensts

Event 4 Boys 4x200 Meter Relay

| Co | omp# Team | Relay | Seed Time | Finals | Place |
|----|--------------------|-------|-----------|-------------|-------|
| 1 | Plainfield East | | 1:32.00 | | |
| 2 | Minooka | | 1:32.41 | | |
| 3 | Plainfield South | | 1:32.70 | | |
| 4 | South Elgin | | 1:33.00 | | |
| 5 | Glenbard West | | 1:33.00 | | |
| 6 | Niles North | | 1:33.40 | | |
| 7 | Hinsdale Central | | 1:33.50 | | |
| 8 | Metea Valley | | 1:33.50 | | |
| 9 | Batavia | | 1:34.00 | | |
| 10 | Geneva | | 1:34.00 | | |
| 11 | West Aurora | | 1:34.50 | | |
| 12 | Lake Forest | | 1:34.94 | | |
| 13 | Proviso East | | 1:35.00 | | |
| 14 | Hinsdale South | | 1:35.00 | | |
| 15 | Lyons Township | | 1:35.00 | | |
| 16 | Neuqua Valley | | 1:35.01 | | |
| 17 | Downers North | | 1:35.20 | | |
| 18 | Sandburg | | 1:35.50 | | |
| 19 | Lane Tech | | 1:35.50 | | |
| 20 | Naperville Central | | 1:36.00 | | |
| 21 | Addison Trail | | 1:36.00 | | |
| 22 | Glenbard East | | 1:36.10 | | |
| 23 | Downers South | | 1:36.10 | | |
| 24 | Kaneland | | 1:36.40 | | |
| 25 | Romeoville | | 1:36.80 | | |
| 26 | St.Charles North | | 1:36.80 | | |
| 27 | Yorkville | | 1:37.24 | - <u></u> - | |
| 28 | Shepard | | 1:37.90 | | |
| 29 | Downers South | В | 1:38.50 | | |
| 30 | St.Charles East | | 1:38.50 | | |
| 31 | East Aurora | | 1:39.00 | | |
| 32 | Willowbrook | | 1:40.00 | | |
| 33 | West Chicago | | 1:40.00 | - <u></u> - | |
| 34 | St.Ignatius | | 1:41.00 | | |

2016 Mustang Relays - 3/7/2016 North Central College Performance List - Running Evensts

Event 6 Boys 4x400 Meter Relay

| Event 6 | • | 00 Meter Relay | | | | |
|---------|-------|--------------------|-------|---------------|-------------|-------|
| | Comp# | Team | Relay | Seed Time | Finals | Place |
| 1 | | Neuqua Valley | | 3:26.00 | | |
| 2 | | Sandburg | | 3:28.00 | | |
| 3 | | Minooka | | 3:28.98 | | |
| 4 | | Plainfield South | | 3:29.50 | | |
| 5 | | Downers North | | 3:29.50 | | |
| 6 | | Glenbard West | | 3:31.00 | - <u></u> - | |
| 7 | | St.Charles East | | 3:31.50 | | |
| 8 | | Plainfield East | | 3:32.00 | | |
| 9 | | Lyons Township | | 3:32.00 | | |
| 10 | | Lake Forest | | 3:32.60 | | |
| 11 | | Downers South | | 3:33.00 | | |
| 12 | | Batavia | | 3:33.50 | | |
| 13 | | Hinsdale South | | 3:34.00 | | |
| 14 | | Niles North | | 3:35.00 | | |
| 15 | | Lane Tech | | 3:35.50 | | |
| 16 | | Kaneland | | 3:35.60 | | |
| 17 | | Hinsdale Central | | 3:36.00 | | |
| 18 | | West Aurora | | 3:36.00 | | |
| 19 | | Proviso East | | 3:36.20 | | |
| 20 | | St.Charles North | | 3:37.00 | | |
| 21 | | Naperville Central | | 3:37.00 | | |
| 22 | | Yorkville | | 3:37.24 | | |
| 23 | | Whitney Young | | 3:38.00 | | |
| 24 | | Metea Valley | | 3:38.00 | | |
| 25 | | Glenbard East | | 3:38.70 | | |
| 26 | | South Elgin | | 3:40.00 | | |
| 27 | | Geneva | | 3:40.00 | | |
| 28 | | West Chicago | | 3:40.00 | | |
| 29 | | Addison Trail | | 3:40.00 | | |
| 30 | | Shepard | | 3:40.00 | | |
| 31 | | St.Ignatius | | 3:40.00 | | |
| 32 | | Downers South | В | 3:42.00 | | |
| 33 | | Willowbrook | | 3:44.00 | | |
| 34 | | Romeoville | | 3:50.00 | | |
| 35 | | East Aurora | | 3:51.00 | | |
| | | | | - · · · · · · | | |