

OPEN COED MEET

<u>Competing Teams</u>: <u>Girls</u>: Batavia, Geneva

Boys: Batavia, Geneva, Wheaton North

Date: SATURDAY 2/20/16

Starting Times: Field Events: 9:00 am Running Events: 9:00 am

*GIRLS Pole Vault: 8:00 am Warmup, 8:30 am Start Girls PV

ALL TEAMS ARRIVE BY 8:00AM & ALL GIRL VAULTERS START AT 8:30AM!

<u>Meet Format</u>: <u>It will be a non-scored, LIMITED COED entry meet.</u> Please limit your number of athletes per event to ensure an efficient meet. The results will be recorded on individual sheets and each team will be given a copy of the sheets for their records. We will need assistance in the Field Events and on the Finish line. Please have coaches/parents prepared to help out.

Coaches, upon arrival please sign all athletes in their events by finish line table. *Note: for the 200 we are limiting the number of heats to 6 girls heats and 8 boy heats. The 55 Open/Dash - Times will not be recorded for these athletes, but will be given to them at the finish line.

ORDER OF EVENTS

JVGirls / FS Boys will precede Girls V & Boys V in all events
Girls will precede Boys in all events

9:00 am *ALL 55 Meter Open & FAST Heats*

4 x 800 3200 m

 $55~LH~({\it GIRLS},~{\it FOLLOWED~BY~BOYS})$

55 HH (*Boys only*)

800 m

4 x 200

400 m

1600 m

200 m (*6 girl heats & *8 boy heats)

4 x 400

Pole Vault Starts at 8:30am, Warmup at 8:00am, 2 flights (top PV group 1st) (GIRLS FIRST)

Shot Put Varsity first - 4 throws, then Lower Levels (GIRLS FIRST-BOYS FOLLOW)

Long Jump Cafeteria Style 4 Jumps (ALL GIRLS FIRST - BOYS FOLLOW)

Triple Jump Cafeteria Style 4 Jumps (ALL BOYS FIRST - GIRLS FOLLOW)

High Jump Starting at lowest height & moving up – (Both G/B simultaneously)

Contact Coach Dennis Piron (Boys) Cell: 630-742-6194 / Office: 630-937-8614 Contact Coach Justin Allison (Girls) Cell: 630-935-6026 / Work: 630-937-8991

Batavia High School Field House

NO GUM, FOOD, OR DRINKS IN THE FIELD HOUSE -

• THERE ARE DRINKING FOUNTAINS IN THE FIELD HOUSE AVAILABLE FOR ATHLETES/COACHES

NO SPIKES! FLATS ONLY! PLEASE REMIND YOUR ATHLETES

- Please have athletes enter and exit through the south Athletic entrance
- Make your team camps in the Cafeteria follow map below
- Please clean up your camps in the Café/Fieldhouse at the completion of the meet





