

GENEVA VIKINGS CROSS COUNTRY GENEVA HIGH SCHOOL

**Race Information for Saturday October 24th
State Regional – Hosted by St. Charles North H.S.
Leroy Oaks Forest Preserve, St. Charles, IL**

Buses leave at 8:00 am – Arrive at GHS by 7:45 am. Non runners load, unload, etc.

Directions: Randall Rd. north to Dean St. turn east (left, up hill) to Forest Preserve entrance on the right less that 1 mile.

Parking: Please see page 2 for information regarding parking.

Varsity Girls	Varsity Boys
10:00	11:00
3.0 Miles	3.0 Miles
<i>McKenzie Altmayer</i>	<i>Boon Andrews</i>
<i>Emily Belanger</i>	<i>Brian Caskey</i>
<i>Taryn Christy</i>	<i>Steve Creger</i>
<i>Emma Ehrhardt</i>	<i>Tyler Dau</i>
<i>Sophia McDonnell</i>	<i>Brian Kuehl</i>
<i>Mary Grace Neville</i>	<i>Josh Rodgers</i>
<i>Madeleine Nowak</i>	<i>Jake Tracey</i>
Alternates: will run a co-ed time trial at approx. 11:30. Other teams in our regional will be participating as well.	
<i>Paige Belzer</i>	<i>Scott Creger</i>
<i>Ally Dudman</i>	<i>Julian Desens</i>
<i>Emma McSpadden</i>	<i>Jordan Evans</i>
<i>Molly McQueeny</i>	<i>Ryan Kredell</i>
<i>Holly Nusser</i>	<i>Cole Montgomery</i>

Awards

Ceremony: Approximately 11:45

Team: 1st Place Championship Plaque Individual: 1-5 Medals in each race

Teams placing 1-6 advance to the State Sectional meet on Saturday, October 31st at Stuart Sports Complex in Aurora.

The top 5 individuals not on the 6 qualifying teams will also advance to State Sectional meet.

Source of quotes are unknown

"When you finally think, say, feel, and decide you can, strange miracles start to happen."

"Let us run with endurance the race that is set before us."

"It's rude to count the people you pass. Out loud."

"Your biggest challenge isn't someone else. It's the ache in your lungs and the burning in your legs, and the voice inside you that yells "can't", but you don't listen. You just push harder, and then you hear the voice whisper "can" and you discover that the person you thought you were is no match for the one you really are."

Parking Information for the IHSA Regional Saturday, October 24th, 2015 from the host school

Please read the following options carefully. Leroy Oaks is in the midst of being reconfigured so we are still learning from a previous invitational and still working with the Forest Preserve District, the police, and the fire department to ensure a smooth and efficient process.

Spectators

At Leroy Oaks Forest Preserve - NO Parking

Vehicles with state-issued handicap plates or shields will have reserved parking. **No general spectator parking will be allowed at the park.**

New Covenant Church (The church directly behind Riverside Church on Crane) - Walk IN

The church is located at the corner of Randall and Crane Roads and allows spectators to park in their lots. Please make sure you are parking in the lot closest to the Church and not in Riverside Church lot. You may use the bike path and walk into the park. (Approximately 1.5 miles to start/finish area)

At Kane County Circuit Clerk Office (540 South Randall Road) - Shuttle Bus

The Clerk's office is located at the corner of Randall Road and Oak Street. We will have a shuttle busses going from the parking lot to Leroy Oakes starting at 7:30 AM and running continuously through the day until 15 minutes following the awards presentation. While the Clerk's office is about 1.5 miles from Leroy Oakes, there is no safe manner to walk. Please use the shuttle busses.

Please ***DO NOT PARK*** on Dean Street, anywhere that is not a designated parking spot (or parking area), at the Leroy Business Complex, or the medical offices located on Dean Street. Parking in these areas may lead to being ticketed or towed.

Please do not park at Riverside Community Church (37W130 Crane Road, St. Charles).