

**GENEVA VIKINGS CROSS COUNTRY**  
**GENEVA HIGH SCHOOL**

**Race Information for Saturday August 29<sup>th</sup> Intra-Squad Meet**

*Leroy Oaks Forest Preserve, Dean St., St. Charles*

**Provide your own transportation – Meet by the barn by 6:30 am and please park there**

Girls Team 1	Girls Team 2	Girls Team 3	Parents/Coaches/	Girls
8:00 am	8:00 am	8:00 am	Alumni	Not
3.0 Miles	3.0 Miles	3.0 Miles	3.0 Miles	Competing
<b>Altmayer</b>	McDonnell	Belanger	Trish Kredell	Ehrhardt
McSpadden	<b>McQueeny</b>	Christy	Tammy Hartje	Carbray
Thomson	Belzer	Caskey	Lisa Creger	Mackowski
Nowak, M	Neville	Dudman	Emma Miles	Medina - inj
Nikolic	Zimny	Mozden	Jodi Dau	Nowak, C - inj
Capatan	Nusser	Higgins	Margaret McDonnell	
Trout	Stolfe	Happold	Kim Neville	
Mehren	McIlrath	<b>Laserna</b>	Coach Hamblock	
Koskiewicz	Laduzinsky	McCormick	Coach Jankiewicz	
Ruane	Jones	Cahill		
Allon	Clohecy	Kobleur		
Andersen	Donohue	Clancy		
Boys Team 1	Boys Team 2	Boys Team 3	Parents/Coaches/	Boys
7:30 am	7:30 am	7:30 am	Alumni	Not
3.0 Miles	3.0 Miles	3.0 Miles	3.0 Miles	Competing
Dau	<b>Caskey</b>	<b>Tracey</b>	Andrej Nikolic	Ryan - inj
Rodgers	Creger, Steve	Andrews	Rob Fogel	Chaffee - inj
<b>Desens</b>	Kredell	Kuehl	Mike Evans	Costabilo – inj
Creger, Scott	Evans	Anderson	Jeff McIlrath	Novy – inj
Doyle	Montgomery	Creger, D	Keith Gonnerman	Jones – inj
Shaughnessy	Cordogan	Dutton	Mark Neville	Saxsma – inj
Gonnerman	Bach	Hoskins	Steve Nusser	
Fioresi	Clancy	Siegele	Coach Raak	
Fogel	Webster	Glyzewski	Coach Nelson	
Hall	Carr-Clennon	Reed		
Ralston	Veloz	Brennan		

**Bold Name = Team Leader**

Directions: Leroy Oaks Forest Preserve, St. Charles

Randall Rd. north to Dean St. turn east (left, up hill) to Forest Preserve entrance on the right about  $\frac{3}{4}$  of a mile. You can park by the barn.

**The team breakfast will follow the races, cool down and stretching at the McCormick's House.**

**We will need some parental help in running this meet so please feel free to volunteer.**

**Have Fun! Consider coming up with team names and colors.**

**Everyone has done a great job in preparing for this, our first test. Best of luck and don't be afraid to test your limits. GO VIKINGS!**

"Every morning in Africa a gazelle wakes up. It knows it must move faster than the lion or it will not survive. Every morning a lion wakes up and it knows it must move faster than the slowest gazelle or it will starve. It doesn't matter if you are the lion or the gazelle, when the sun comes up, you better be moving." - MauriceGreene